**Physical Education – Department Information**

**Facilities**

The school is built on a most attractive site and is bordered by extensive playing fields. The facilities we offer for sport are outstanding.

We are able to offer:

* Indoor Sports Hall
* Indoor Cricket Centre
* Fitness Studio
* Fitness Suite
* Fully Equipped Gymnastics Centre
* Indoor Tennis Centre
* 4G Astro Football Pitch
* Maintained football and rugby pitches
* Netball Courts
* Multi Use Games Area (MUGA)
* Tennis Courts
* Athletics Track
* Sports Walls/Reaction Walls
* Fitness studios
* Cricket Pitch & Pavilion

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| **Staff** |  |
| Vacant Position | Head of PE |
| Mr Lloyd Davies | PE Teacher |
| Mr Josh Moody  Mrs Sarah Prosser | PE Teacher  PE Teacher |
| Mr Ben Naunton  Mr Dave Morris  Ms Helen Siwek | PE Teacher/Progress Leader Year 8  PE Teacher/Progress Leader Year 9  PE Teacher 0.6 (Maternity Cover) |
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**Aims**

The PE department aims to contribute to the education of every child, and gives them the opportunity to develop a variety of skills. Through the curriculum we have the following objectives:

* To promote skill acquisition in a wide variety of physical activities
* To ensure the development of a healthy lifestyle and the appreciation of maintaining health and fitness
* To provide opportunities for each individual to capitalise on his/her own unique abilities
* To promote experience which assists in a child’s personal control, tolerance, co-operation, responsibility, leadership, self-control, self-discipline and general self-awareness
* To provide opportunities to acquire physical pursuits for the enjoyment of their leisure time

**Curriculum**

**Key Stage 3**

Pupils are taught in line with the National Curriculum. Throughout the stage pupils are given the opportunity to engage in health promoting physical activities.

**Areas of Activity**

Games – a variety of competitive team and individual games covering the following types:-

* Outwitting Opponents – Hockey, Rugby, Football and Netball etc
* Striking/Fielding– Fielding – Cricket, Rounders, etc
* Net/Wall – Badminton, Tennis, Volleyball etc
* Gymnastics
* Dance
* Athletic Activities
* Outdoor and Adventurous Pursuits – Orienteering

**Key Stage 4**

All pupils are taught in teaching groups with a very flexible approach to incorporate a wide variety of activities, with the aim of promoting lifelong participation in sport and physical activity.

* Pupils can choose to opt for a two year GCSE course in Physical Education.
* Pupils can also choose to take a BTec Level 2 Sport Award

**Sixth Form**

* Students have the opportunity to continue their education and take a two year course in Physical Education, which can lead to an A-Level or AS-Level qualification.
* Students can follow a BTec Level 3 course either as the single or double award
* Students in the Sixth Form have the opportunity to be part of a sports programme in either cricket or tennis, and are offered a wide variety of extra-curricular activities.
* Students have an opportunity to participate in a range of sports as part of a Wednesday afternoon enrichment programme

**How Students Are Grouped**

**KS3**

**PE**

Students are taught in groups of similar ability. Most are single sex, but there are some mixed groups

**Years 10 & 11**

All pupils are in ability groups, and some GCSE PE assessment are completed during this time. Students are provided with opportunities to participate in a wide variety of activities, with the aim of promoting lifelong participation in sport and physical activity.

**Extra Curricular Opportunities**

* The Physical Education Department offers a remarkable range of sports activities which are available everyday both in the lunch break and after school. There is a full fixture calendar in the evenings in a wide range of activities.
* Clubs and activities range from hockey, rugby, basketball, football, cricket, netball, gym and dance through to alternative sports such as weight training, spinning, aerobics, yoga, free running and 5-a side football.
* The school has links with Bath University, RFU, LTA, and the FA who help arrange coaching sessions in lesson time and after school.
* In conjunction with the Writhlington Sports Centre a wide range of sporting activities are available to students in their free time:
  + Specialist Cricket Coaching
  + Specialist Tennis Coaching
  + Specialist Trampolining Coaching
  + Junior Gym
  + Yoga
  + Zumba
  + Spinning
  + Climbing
  + Badminton to name a few.
* The school has several students who are National and County standard athletes
* There is the opportunity for students to attend trials for County selection in a vast range of sports
* Girls cricket coaching courses have taken place at school led by Somerset coaches
* Students have been to Twickenham, Millennium stadium, Sports Training Village, St George’s Park, Wimbledon and Basketball at the O2 Arena, to watch various sporting athletes perform