

An introduction to the Physical Education Department

We are a successful team with a passionate commitment to making a difference to children's lives and ensuring that all pupils have the highest possible learning experience whilst studying PE at Westborough.

At Key Stage 3 we offer a broad and balanced PE curriculum including team games, athletics, dance, gymnastics and outdoor activities. At Key Stage 4, we offer both GCSE PE and Btec Sport but most of our pupils are suited to Btec Sport which we will be expanding from September 2017.

We have a wide range of PE extra-curricular activities of both clubs including football, netball, rugby league, dance, athletics, basketball, table tennis, rounders, badminton and school teams in football, cricket, netball, rounders, badminton, basketball and athletics as well as interform activities.

In addition, we have members of staff who are new to the profession, who feel completely supported by all members of staff as they can approach any member of the department for help and new ideas. Furthermore, we have PE ITT pupils on placement at Westborough High School which demonstrates that all staff are enthusiastic and passionate about taking on responsibility and contributing to the development of the department.

A key feature of the department's work and ethos is its commitment to constant improvement; staff enthusiastically contribute and receive ideas about how to improve our teaching and our pupils' learning. Thus, in PE, pupils often reach, if not exceed their targets by the time they reach Year 11 in Sports Studies especially in Btec Sport.

In addition to pupil achievement, the ability to promote an enjoyable stimulating learning environment to develop an appreciation of the subject, is a key strength of the department. Lessons within PE are interesting, stimulating and enthuse our pupils to exceed all expectations.

Due to this strong ethic of collaborative working within the department, we pride ourselves not only on our clear and shared values and expectations, but also on good relationships between staff and pupils. We are an experienced, highly committed PE team, a team which supports each other through a range of strategies. Some of these include: collaborative planning, departmental Inset, sharing of good practice at meetings, team teaching, paired observations, internal standardising. Thus, new members instantly feel like they belong as they are greeted with a friendly supportive environment which also encourages them to take on new challenging opportunities.

We look forward to welcoming you to our team.