



Shrewsbury School

JOB DESCRIPTION and PERSON SPECIFICATION

Lead Coach: Athletic Development

Section:	Sports Department	Salary Range:	Dependent upon qualifications & experience.
Responsible to:	Director of Sport	Hours of Work:	Full-time Term-time
Status of position:	Fixed-term – 2 years		

I. INTRODUCTION

Shrewsbury School, founded in 1552, stands on an extensive site in the Kingsland district of Shrewsbury, looking over the River Severn to the old part of the town. There are currently 766 pupils in the School, of whom 80% are boarders. The majority of pupils are still boys, but September 2008 saw the introduction of co-education in the Sixth Form, and in September 2014 the school moved to full co-education. Further details of the school can be found on the website (www.shrewsbury.org.uk).

Sport at Shrewsbury

The School has recently enjoyed success across a wide range of sports and we are keen to develop our national status as providing high calibre sport.

Football and Rowing are the major (podium) sports at Shrewsbury in the Michaelmas Term. In Football we field up to 19 teams with the 1st XI, U16 and U15 play in the ESFA and ISFA Cup competitions. There is an extensive House Football programme which caters for pupils of all abilities and the School also hosts a high profile Prep Schools Tournament every September, which attracts many top Prep Schools. On the river, the School have a formidable profile which recent successes in the Princess Elizabeth Cup at Henley, the Schools' Head of the River and other

National titles. Numbers continue to grow and we are now the largest coeducational school boat club in the country – keen rowers have the potential to row for all 3 terms.

In the Lent Term, pupils can choose between the 'podium' sports of Rowing, Fives and Cross-Country Running (RSSH), as well as Rugby and a range of other 'performance/participation' sports. The Hunt (RSSH – cross country) have enjoyed considerable success in recent years – winning the National Knoles Run in 2016 and retaining the title in 2017, in addition to podium positions National Coventry Relays. In Fives, the school teams and pairs are regular National finalists and winners.

In the Summer Term, pupils choose between Cricket, Rowing, Athletics and Tennis. In Cricket the School won the U18 HMC T20 National Cup in 2013 and 2011 and was runner-up in the U15 equivalent in 2011, as well as the U17 competition in 2016. Shrewsbury won the Lord's Taverners Competition in 2005, the U15 National 20/20 Competition in 2009, and a number of current pupils have links to county academies.

The school has moved to co-education with full co-education reached in 2016-17. The major sports for girls are Hockey, Lacrosse and Netball, as well as Rowing, Fives, Cross-Country Running and Cricket. Tennis is also available for girls in addition to a range of other sports. The girls are quickly building their reputation on the county circuit with aspirations to move onto regional and national success.

In terms of facilities, the school is fortunate to have all its playing fields and boathouse on the school site. The boathouse has been recently renovated (opened September 2012) at a cost of £850,000. Other building developments have been extensive, notably in the form of the Neville Cardus Indoor Cricket School in 2006 and a new 25 metre swimming pool in 2007. The school undertakes a range of sports tours every year – upcoming tours include: Cricket Tours to Australia (U15) & Sri Lanka (U18); Football Tours to Spain (U15 & U18), Girls Hockey & Netball (South Africa), Rowing trips to France & USA (Head of The Charles Regatta); Cross-country (RSSH) Tour to Kenya and Ethiopia.

Further details of the school can be found on the website (www.shrewsbury.org.uk) or in the Independent Schools Year Book.

2. OVERVIEW OF EXPERIENCE /QUALIFICATIONS

The Lead Coach: Athletics Development should have:

Excellent interpersonal skills and strong ability to communicate appropriately, develop and motivate young athletes

- S&C specific qualifications – BSc/MSc in /Strength and Conditioning or a Sport Science-related degree and/or UKSCA Accreditation
- Experience leading long term strength and conditioning support to youth athletes
- Thorough understanding of youth development principles and their application
- Strong work ethic, punctual, reliable and professional
- Willingness to constantly learn and develop as a coach
- Computer literacy, including MS office, especially excel
- First Aid / AED trained and have a continued commitment to professional development.
- Excellent organisation and communication skills, with good all round computer skills with the ability to prioritise their workload.

3. MAIN PURPOSE OF ROLE

Working with all members of the sports department to be responsible for the overall athletic development of pupils at Shrewsbury and to ensure that our provision of athletic development is amongst the best in the country.

4. DUTIES AND RESPONSIBILITIES

The duties and responsibilities below are illustrative. The postholder will be expected to become involve in a range of work on occasions that may not be shown below:

Athletic Development

- Further develop the Dedicated Athlete Scheme, which provides multi-disciplinary support to those who demonstrate commitment to their athletic development;
- Administer the 'Amavon' portal to provide a central record of athletes' progress;
- Liaise with relevant professional academies to deliver extensive support through individualised programming to our high performance athletes;
- Co-ordinate the arrangements for external speakers to visit the Schools as part of the lectures/workshop series for Dedicated Athletes;
- To work across our sports to provide sport science support e.g. use of our Playertek GPS player tracking system;
- Liaise with the Medical Centre/School Physiotherapists in the management of injured players within the return to play protocol.

Strength & Conditioning

- Deliver a S&C programme in which pupils follow a structured system of physical progression appropriate to their maturation and training age;
- Develop and improve the movement/physical literacy of Shrewsbury pupils via curriculum sessions, our Dedicated Athlete Scheme & individual sessions;
- Provide ongoing CPD to enhance coach/teacher knowledge of athletic development;
- Promote the safeguarding and welfare of children, specifically by ensuring all matters relating to Health and Safety is paramount in S&C sessions.

General

- To contribute to the School's Games Programme – coaching all three terms;
- To deliver PE lessons to our 3rd Form to enhance the Physical Literacy of our pupils;
- To contribute to the School's aims and objectives in promoting and marketing Shrewsbury School in general to a wide range of stakeholders, this will include visits to/host Prep Schools;
- To support the Director of Sport in the process of Sports Scholar selection and recruitment, specifically via Movement Screening and fitness testing.
- To meet regularly with the Director of Sport to discuss relevant matters.
- In all contacts the successful applicant will be required to be a good ambassador for Shrewsbury School as well as maintain constructive relationships.
- Maintain our sport science equipment (Witty timing gates, OptoJump, Batak Wall) and provide INSET as necessary.

5. TERMS AND CONDITIONS

- ❖ **Salary:** will be dependent upon qualifications and experience.
- ❖ **Hours:** This is a full-time, term-time only position. The successful candidate must show a degree of flexibility as there will be a requirement to work in accordance with business requirements. This will include some evening and weekend working.
- ❖ **Pension:** All support employees will be eligible to join Shrewsbury School's Pension Scheme (employee contributions up to 5%, employer up to 7.5%) subject to auto-enrolment Regulations.
- ❖ **Sickness Leave:** After a qualifying period of six months, you will automatically join the contractual sickness scheme and in the event of sickness, you will receive 6 weeks at full pay and 6 weeks at half pay and thereafter Statutory Sick Pay.
- ❖ **DBS Certificate:** You will be expected to have an up-to-date DBS Certificate and we shall request one upon appointment and every 3 years thereafter.
- ❖ **Other Benefits:**
 - You will be able to enjoy a free school lunch at Kingsland Hall when the kitchen is open.
 - You will be able to use the school sports facilities, when not otherwise in use by pupils.
 - Accommodation may be provided with this role. Further details available at interview stage.