



THE TEAM

We work across two sites, very much as one team, sharing as best we can the same opportunities for students. The department team consists of 10 PE specialists who work closely together to plan and run a varied curriculum incorporating both core and examination courses, we are also fortunate to have the support of a DofE Co-ordinator and an admin assistant. The department provides a comprehensive range of clubs and teams which complements the lessons. We encourage all students to experience competition at a variety of levels and encourage them to be physically active in future life. The department has a strictly enforced PE kit policy. The team are vibrant and energetic role models who have a real passion for sport and encourage both participation for all and an extensive competitive extracurricular programme. We strongly believe in continuing our professional development to enhance what we and offer students and collaborate to share ideas and best practice within the team. We value the importance of what each team member can contribute to improving our practice. The team are active and feel involvement in sport and fitness is important in our own knowledge as well as showing the students we believe in and do lead active lifestyles.

YEARS 7, 8 & 9

Students in Years 7, 8 and 9 the majority of our students have two lessons per week and follow a balanced programme of activities taught in termly blocks. Sessions are taught in single sex groups. Both girls and boys experience a range of major games, gym and athletic activities. We believe in building fundamental skills and developing students through challenging and competitive situations.

YEARS 10 & 11

Year 10 and 11 students also experience lessons of core PE weekly with a focus on either competition or healthy active lifestyle, our focus here is encouraging engagement and high activity levels. Those studying for GCSE Physical Education, in Year 10 and 11, have three extra lessons per week; of theory and practical. The OCR syllabus is offered and our examination pass rate has been excellent. We also offer a Level 2 BTEC in sport in year 10 and 11 which students opt to take.

SIXTH FORM

The department offers the full A level Physical Education. Again the OCR syllabus is followed and we have an outstanding examination pass rate. We firmly believe in students following the correct pathway which enables them to succeed at Ousedale School. There are also opportunities for students in the sixth form to support lessons through their community hour and a variety of leadership opportunities they can be involved with.

STYLE

The department has an excellent reputation in both academic and practical aspects of Physical Education. We have high standards and believe in success through participation, performance and enjoyment. We believe firmly that students should work hard in lessons and have high expectations of both behaviour and attainment and endeavour to provide inclusive and challenging lessons. Ownership of classes is important but also fostering a fantastic relationship with pupils and challenging them to excel is key within our department. Everybody in the department has something they can offer and use their initiative to contribute and we would expect any new team member to be enthusiastic and keen to be involved in the team work we have within the department.

EXTRA CURRICULAR SPORT

Students from both campuses train together after school in a strong extracurricular provision. Teams are fielded in all age groups in all major games, playing a mixture of league, national cup and friendly fixtures. The extracurricular plan follows a traditional format. Boys play Rugby in the autumn terms Football in the spring terms and Cricket in the summer terms. Girls play Netball in the autumn terms Hockey in the spring terms and Rounder's in the summer terms. We regularly participate in other competitions events such as, cross country, badminton and athletics amongst others which playing a big part in our other activities. Students go on to represent the county in many sports some even achieve national honours. We are proud over recent years to have also developed our performance in handball and aim to continue to support our work with local clubs and external coaches and have continued to support the work of tennis coaches through our extracurricular.

As part of the school's Enrichment programme and Ace days we offer extensive opportunities for pupils to engage in sports and activities and, where possible, we encourage them to try a range of activities and something new.

One of our core aims is to motivate students to be involved in a sport/physical activity they are committed to and participate regularly in outside of school. We are exceptionally lucky to have strong links with local clubs and supportive parents who help us to encourage and support student's involvement in sport.

FACILITIES

Ousedale School is a split site school, across the two campuses; we are lucky to benefit from excellent sports facilities. They include two sports halls, a gymnasium and assembly hall, four flood lit tennis courts, a full size astro turf pitch newly laid in November 2016, three squash courts and fields at both sites that include four rugby pitches, three football pitches and two cricket squares. In the summer both sites have a full 400m running track, rounders and softball pitches marked out. We regularly reflect on what we can do to enhance provision for students and we are always exploring the improvements we can make to our facilities. We have been fortunate in this school year to have updated PE changing rooms at the Newport site.