



# **A Choice of Diploma**

To Le Régent's 4 Cs - Courage, Creativity, Compassion and Courtesy - we should add "choice". We want students to develop open and enquiring minds with "future ready" skills. And one way we do this is by tailoring our curriculum to suit their aspirations. So, at the age of 16, students can choose between the International Baccalaureate (IB) programme and Le Régent's Graduation Diploma.

The IB Diploma is the world's leading international qualification. While some programmes narrow down student choice too much and others not enough, the IB allows each student to sustain their interest in a variety of subjects and to come out with a well-formed mind. It is a strong and well-respected diploma, requiring study of language and literature, mathematics, experimental sciences, a foreign language and a human science. With this "liberal arts" breadth come a student dissertation, a service component and "Theory of Knowledge".

Yet some students want something different. So, inspired by what is possibly the finest golf course in Switzerland and a heavenly winter sports setting, and in collaboration with ESS (Ecole Suisse de Ski) and Crans-sur-Sierre Golf Club, Le Régent has designed its own Graduation Diploma. Students can continue their studies in a range of core subjects (taught in the same way as the IB) whilst exploring their passion for skiing and/or golf. A programme might include: English, Mathematics, a Humanity, a Natural Science, an additional language and a sports specialism, such as golf or skiing three half-days a week.

### THE IB AT LE RÉGENT

- 6 obligatory subjects, 3 at "Higher Level"
- A broad choice of subjects but no specialization
- An "Extended Essay", Service Learning and some sporting activity
- A final grade out of 45 and the chance to attend university with the IB diploma
- Le Régent's outdoor education programme

# THE RÉGENT GRADUATION DIPLOMA

- 5 (or more) obligatory subjects at the levels chosen by the students
- A broad choice of subjects: specialization is possible
- The chance to specialize in a sport at a high level (especially golf and skiing)
- An overall grade out of 7.0,
   IB certificates and the chance to attend university
- Le Régent's outdoor education programme







# **A Bilingual Infant School**

### Le Régent's BIS

Nowhere has Le Régent's growth been more spectacular than in its Bilingual Infant School. The BIS began just two years ago with just a handful of pupils in one room. Now, there are four different classrooms, four teachers and four classroom assistants looking after nearly 40 pupils aged 3-6 with new applicants sadly having to be turned away!

So what explains this success? Well, first, it is the excellence of the staff. Under the Junior Headship of Mme Lafond-Puyo and the BIS Coordinator, Shelley Naylor, the teaching is of the highest standard. And there is a constant review of pedagogy, curriculum and communication. The BIS team knows that the key to success at this age is home-school teamwork.

Most important perhaps, is the fact that the school is indeed bilingual with the youngest students learning to communicate in both French and English. This suits both local French-speakers and international parents who have moved to Crans-Montana. What's more, scientific research seems to suggest that bilingualism is a great advantage in learning generally, and that there is no better age to set off down this path.

As Le Régent's youngest pupils move into the Junior school, we are keen to see their progress continue and we are now planning to extend bilingualism further up the school, as part of our drive to be *truly Swiss and truly international*.

In her short life, our 5-year-old daughter has attended an excellent public crèche, two good Swiss public schools, and two lovely private international schools. Across these diverse experiences, Le Régent's BIS is an absolute standout. Staff are accessible, cheerful, firm, clear and kind to both our children, and —most notably—communicative. We're so happy to have our children in such good hands.

An American parent

Nous sommes extrêmement satisfaits de l'école enfantine bilingue du Régent et envisageons sérieusement d'inscrire nos deux autres enfants pour la rentrée prochaine.







Des diverses entités qui constituent Le Régent, c'est l'école enfantine bilingue qui a enregistré la plus forte hausse en termes d'inscriptions et d'essor. Elle a ouvert ses portes il y a deux ans à peine avec une poignée d'élèves dans une salle de classe. Aujourd'hui elle compte quatre salles de classe, quatre enseignantes et quatre aide-enseignants qui s'occupent de 40 élèves environ âgés de 3 à 6 ans et nous devons malheureusement refuser des demandes d'inscriptions.

A quoi doit-on un tel succès? Eh bien tout d'abord à l'excellence du personnel. Sous la direction de Madame Lafond-Puyo, en charge de la *Junior School*, et de Mademoiselle Naylor, responsable de l'école enfantine bilingue, l'enseignement prodigué est rigoureux et d'un très haut niveau. L'équipe enseignante fait régulièrement le point sur les méthodes pédagogiques, le curriculum ainsi que la stratégie de communication avec les parents d'élèves. Les enseignants de l'école enfantine bilingue ne sont en effet pas sans savoir que les tout-petits sont plus aptes à réussir leur apprentissage quand l'école et les parents travaillent main dans la main.

C'est aussi et surtout son bilinguisme qui explique le succès fulgurant de l'école enfantine. Les jeunes élèves y apprennent à communiquer simultanément en français et en anglais, ce qui répond aux attentes tant des parents francophones locaux que des expatriés non-francophones établis à Crans-Montana. Qui plus est, les recherches scientifiques semblent suggérer que le bilinguisme favorise l'apprentissage en général et que l'âge optimal pour se lancer dans cette belle aventure est entre 3 et 6 ans.

Nos tout-petits vont vite grandir puis intégrer la *Junior School* et nous nous réjouissons déjà de suivre leur progrès. Dans l'optique de renforcer notre identité, *truly Swiss and truly international*, nous souhaitons accorder encore plus d'importance au bilinguisme dans toute l'école.



# Colleges and Universities

# A Changing Landscape?

Ten years ago, the university prospects for international students in Switzerland were completely dominated by the UK and the US. Even Switzerland attracted relatively few applications, and universities in continental Europe hardly any. Is this still the case?

There are at least three suggestive changes to the international scene. Brexit is one. As well as breeding uncertainty, the UK's withdrawal from the EU may have suggested a less international outlook.

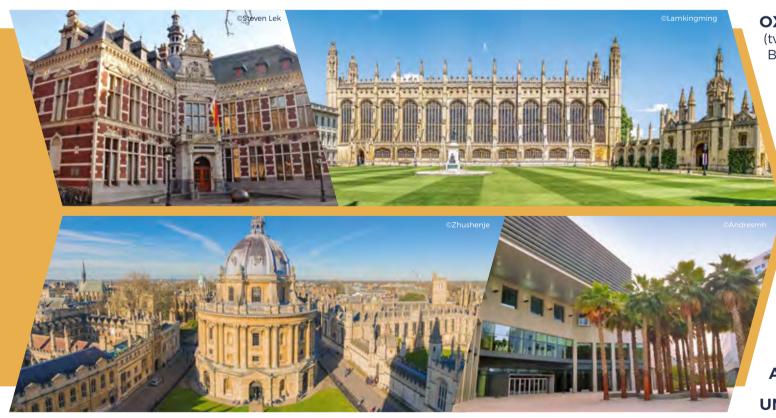
Meanwhile, American exceptionalism and social unrest may have had a similar effect. More important than either may be the rise of English-speaking alternatives across the world.

A number of top American universities have opened Asian or Middle Eastern campuses. Places like Qatar, Abu Dhabi, and Shanghai now have their own Northwestern, Duke, and Georgetown - with some of the campus feel and excitement of their US counterparts. Even more significant may be burgeoning English-speaking programmes in mainland Europe and across the world. Bocconi in Milan has always been popular but now it has competition from IE in Spain as well as a raft of Dutch and German universities; and even the venerable University of Tokyo has courses in English.

So, did Le Régent's 2020 graduating class bear this out? Yes and no.

A number of students are in the Netherlands or Switzerland, and one went to NYU Abu Dhabi. For the others, however, the UK and the US remain the destinations of choice - and for the top performing students, Oxford, Cambridge, the Ivy League and UCL, Imperial and the LSE in London are still at the top of their lists.





#### OXFORD

(two students) to study Law and Biology

#### **CAMBRIDGE**

to study Human, Social and Political Sciences

**UCL** (University College London) to study Natural Sciences

## IMPERIAL COLLEGE LONDON

to study medical Biosciences

**NYU** (New York University)

#### **NYU ABU DHABI**

(on a full scholarship)

**UTRECHT** 

**AMSTERDAM** 

**UNIVERSITY OF GENEVA** 

And at the time of writing in **2021**, there are already admissions to **OXFORD, DURHAM,** IE, Liverpool and ongoing applications to **STANFORD** and **PRINCETON**.



# Winter Expeditions

The Expedition Programme takes us into the natural world to appreciate the mountains and our amazing environment, but only after a lot of time and planning from students and teachers.

It starts with a simple decision: what discipline do I wish to participate in and what is my level of ability?

This simple choice allows students the freedom to express themselves and proceed with confidence and enthusiasm. They can ski tour, cross-country ski, or snowshoe and explore the surrounding mountains in the company of the most experienced Crans-Montana mountain professionals and instructors who build positive relationships with the students.

Even before leaving, students and teachers have to organise and prepare for the days out. Completing forms, reading notices, preparing rucksacks, fitting technical equipment, wearing the correct clothing, eating a good breakfast, being hydrated, and being mentally prepared for the challenges ahead-these are all skills that can be transferred to everyday life, and they prepare students for the adult world after school.

Most importantly, the expedition programme creates memories and friendships for a lifetime. It does more than add variety and interest to the daily schedule: it allows young people to explore not only the world around them, but another one deep within. To be able to challenge ourselves both physically and mentally gives a sense of achievement to sustain and strengthen us for future trials.











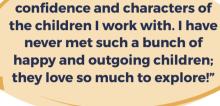
# **AMAZING** DVENTUROUS **STAFF**

#### **Shelley Naylor,**

**Bilingual Infant School Coordinator** 

Before Le Régent, the great outdoors was foreign to Shelley, but she fell in love with the mountains and Le Régent's winter wonderland. She built up her fitness level, learnt to ski, rock climb, and discovered a love for trail running. And last summer, Shelley completed a 170km trek around Mont Blanc.

"When I am not working I spend my time travelling and discovering the world. I have already been to 115 countries and one day I hope to visit every



"What strikes me is the



country in the world."



#### Spanish teacher

Elena is the globetrotter par excellence. Born in Leon in Spain, she caught the travel bug early in life and studied in three different countries, then started teaching in the UK before moving to China, Malaysia, Kazakhstan and Armenia and, last year, Africa.

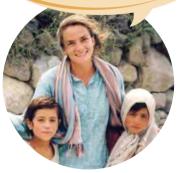
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#### Nicola Don Wider.

#### **History teacher and University Counsellor**

A passionate History & TOK teacher and University Counsellor, Nicola is also an ace triathlete and adventurer with a taste for anthropology. While her passion for racing has taken her all over the world, she has also travelled from Islamabad to Kasghar, crossed the Himalayas, and spent time in China and Nepal with local women, learning much from their approach to life.

"I simply loved the vast horizons and nomadic lifestyle, I dressed like a local and ate like the locals too".



#### Darroch Tait,

#### Maths teacher

Daz is an off-the-beaten-track adventurer and writer. A sailing voyage around the world took six years to complete. Many trials, tribulations, and a shipwreck later, he finally managed to circumnavigate the globe, a voyage he has chronicled in The World's My Oyster - available online.



#### Interview with... **Dave Simpson** Le Régent's Head of **Outdoor Education**

#### What are your starting points in the Outdoor programme?

- · Listen to the students. What is positive, negative and enjoyable for them?
- Try to inspire and empower, providing young people with balance and stretching them to achieve more in life.
- · Build resilience and boost the joy of living.
- · Create future-ready leaders by giving them responsibility and leadership.
- Tell them why they do expeditions so that they're more likely to push themselves.

#### What do you get from a successful expedition programme?

By being more reflective, students manage difficult situations and day-today commitments. It also strengthens personal relationships and helps them understand that everyone is different. And it creates memories that last forever!

#### How do you define an expedition?

It's an experience outside daily routine. Students take themselves out of their bubble into the "stretch zone". They need to hold themselves together and help their peers.

#### You mentioned "boosting students' joy of living". How?

By taking time from the busy schedule, they return to the simplicity of life, increasing appreciation of the natural environment and escaping technology: switching off actually helps students develop their digital intelligence.

#### How do you develop students' leadership skills?

In our Ski Leaders Programme, older students become more responsible for others, keeping groups together, making decisions on where to go safely. We increase the discussions between students and teachers about leadership. Not just safety, but also how to lead a group, give clear instructions, be smart, have equipment in good order. In this way, they develop integrity, respect, knowledge, and experience - all of which can be shared with younger students.

#### What are your future plans?

So many things! We hope to visit Le Rosey's Chyulu Wilderness Camp, complete a mountaineering expedition to the Himalayas, and explore the theme of water during expeditions - as well as continuing service activities locally and around the world.



# **Outdoor Education**

Home to the majestic four-thousanders (peaks over 4,000 metres high), the Valais Canton makes outdoor pursuits an absolute must. From mountain activities, to "Forest School" for the youngest, outdoor education teaches students about the environment but also about themselves.

Being truly Swiss, truly international means equipping students with personal skills and an understanding of Valais, Switzerland and the wider world. It also means starting early so that students can create an individual path, rewarded by different badges to represent different achievements. The "Summits of Le Régent" challenge is iconic. Students who climb 13 summits in their years at Le Régent receive a prestigious badge representing the flag of Valais with its 13 stars. More than that though is a sense of real achievement.

There are four main pillars to the programme: long expeditions, after-school clubs, Wednesday activities, and a weekend programme. Students are particularly attached to Wednesday afternoons as they are free to live their passion on or off campus and join local clubs. The activities on offer are exciting and they never fail to leave students with a feeling that they have accomplished something and connected themselves to the natural world, their friends and something deep within themselves.



# And what do students say?

"The mountains helped me keep my peace and created a perfect escape from school life."

Joanna, 2020 IB Graduate now studying at Cambridge University in the UK

"Through the extracurricular activities like expeditions, I learned that I can always push myself to do that bit more than I thought I could do. Living only 10 minutes away from the ski lift was an absolute pleasure and going skiing on Saturday morning really helped me through some tough weeks". Julia, 2020 IB Graduate now a student at Oxford University in the UK

"Winter in Crans-Montana is magnificent and my outdoor pursuits were a very positive experience that taught me a lot. I think what I will miss the most are the expeditions and the beautiful natural surroundings." Mikaela, 2020 IB Graduate now studying Business in the UK

"It gives a sense of achievement, which is different from the House Points or other academic achievements you usually get in school. It is outdoors, therefore it is also very beneficial for your physical and mental health." Wiktor, a 2021 graduate admitted to Oxford



### LAMDA: a Cure for Glossophobia

#### Confused? Read On!

Communication is a skill we use as regularly as we draw breath, from the tech tools at our fingertips, to speaking to groups of strangers an experience most find challenging especially when they appear before a packed audience. This is glossophobia, a common and very real problem. As we equip the next generation, we need to teach them how to communicate effectively and fearlessly. Recognising this, Le Régent is unique amongst Swiss international schools in having LAMDA as part of its curriculum.

Standing for the London Academy of Music and Dramatic Arts, LAMDA promotes confident speaking, making it possible for students to take internationally recognised external examinations. As part of Speech and Drama, LAMDA students move from "Entry" and can finish with the prestigious "Gold: Grade 8", (akin to ABRSM musical grades). Through a bespoke programme, LAMDA acts as a doorway for all students to reach their potential in public speaking, as well as helping them to express themselves, especially when English might not be their first language.

Through the varied tracks, pupils learn how to communicate confidently, which, in our ever-changing and competitive world, may be the essential skill. Overcoming fears and finding their voice, controlling their nerves and taking the spotlight help students in other areas of the curriculum too as they prepare for university and life. And it often goes deeper than that. By helping students to believe in themselves and nurturing effective

communication, LAMDA creates

"My catchphrase when introducing students to LAMDA is 'you don't have to like drama to do LAMDA'. Not everyone is theatrical, but anyone could be asked to public speak or be relying on creating that vital first impression."





space for inner realisation and personal development. And it means the end of glossophobia!

### Valaisanne et fière de l'être

Valaisan - and proud of it!

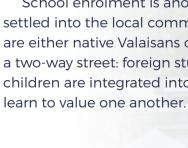


Staying true to its Valaisan origins, Le Régent has built a strong culture of community within and outside the school. Students and staff, the local economic



stakeholders and the local population at large feel connected, value a common sense of belonging and share a strong attachment to the Haut-Plateau. It runs deeper than a fuzzy feeling of togetherness; links with the community are proactive and practical through various programmes and activities that not only draw their inspiration from the local environment, but also rely on collaboration with local partners.

School enrolment is another concrete reflection of how well Le Régent has settled into the local community. Many students are day pupils whose families are either native Valaisans or have settled on the Haut-Plateau. This constitutes a two-way street: foreign students get to know their host community while local children are integrated into the school's international student body, so both can







SUMMER 2021

### "Absolutely Summer": Régent Camps in July and August 2021

Our camps are a two-week distillation of Le Régent: innovative pedagogy in a modern learning environment close to the great outdoors. Last summer's launch was successful in spreading the word, introducing new students to the school with several campers coming back in September. Enthusiastic teachers shared their passion for their subjects as well as the outdoors. In an open-minded and happy community, campers created memories and friendships for life.

The most exciting 2021 addition is the Pre-University Camp - a senior camp giving students the keys to apply to the universities of their dreams. This innovative four-week camp will include the SAT® Camp, which for the past seven years, has taken place on the Rosey campus in Rolle, combining it with the new University Application program. These will dramatically improve the chances of students applying to the USA as well as universities all over the world, thanks to hand-picked, experienced instructors from Rosey where, last year, SAT campers left with an average score increase of 220 points. With the same leaders and team, we are bringing this camp to Régent Camps in 2021.

The brand-new University Application track, unique in Europe, will welcome students new to the whole process as well as those with a precise idea of what they want. Thanks to collaboration with the university counselling team at Le Rosey, all will leave with a complete application folder, aware of all the tips and tricks to succeed in their interviews and get into the universities that fit their profile best

This is just the beginning of our ambitions with Régent Camps. This exceptional campus and its team will keep creating unique, truly Swiss and truly international summer experiences for students of all ages from all over the world.



### Régent Camps

Your Studies, Your Passion

STUDIES AND INTENSIVE SPORTS IN THE SUN OF CRANS-MONTANA!

8-16 years | 2 weeks

- Sunday 4 July to Saturday 17 July 2021
- Sunday 18 July to Saturday 31 July 2021
- Sunday 1 August to Saturday 14 August 2021

Boarding Camp CHF 6,000

Day Camp\* CHF 1,500 per week CHF 1,200 for Valais residents

Four academic periods every weekday, up to and including pre-IB and pre-IGCSE:

- English
- French
- · Maths (offered in English or French)
- · or a combination of two of these subjects

In the afternoons, one of:

- · Intensive Golf
- · Mountain Sports
- · Digital Media

Weekend expedition under the stars!

## Régent Pre-University / SAT® Camp

INTENSIVE PREPARATION FOR A SUCCESSFUL FUTURE AT INTERNATIONALLY RENOWNED UNIVERSITIES.

15-18 years | 4 weeks

Sunday 4 July to Saturday 31 July 2021

CHF 16,000 (Boarding Camp only)

Two tracks to choose from:

- SAT® Prep (Entrance exams to American universities)
- University Applications

In the mornings, a smart and intensive preparation.

In the afternoons, a diverse alpine programme, choosing from **Golf for all levels, Mountain Sports** or **Digital Media** 

Weekends on **expedition and discovering** beautiful Switzerland!



# **The Rosey World**

#### JFK School in Saanen

In 2014, Le Rosey took over the management of the J. F. Kennedy School in Saanen. Its director, Henri Béhar, has done a remarkable job and this "small school with a big heart" now has enviable facilities with its own "school house" whilst lodging its boarders in a superb modern chalet. Le Rosey is justifiably proud of the school's success.

Depuis 2014, Le Rosey a repris la gestion de J.F. Kennedy school à Saanen. Son directeur Henri Béhar a accompli un travail remarquable et l'école « A small school with a big heart » qui possède une infrastructure de grande qualité, a racheté ses bâtiments d'origine et abrite ses internes dans un superbe chalet ultra-moderne.

L'école est belle, accueillante, et Le Rosey est fier des succès de sa petite sœur gstaadoise.



John F. Kennedy International School

www.jfk.ch

#### **Rosey-Abantara**

Rosey-Abantara came into being thanks to the determination of Rosey students to provide deprived children from Bamako in Mali with an attractive and well-run school. Le Rosey-Abantara opened in 2009 and now has over 1500 students, a business and management school and a boarding house for 100 pupils. Rosey students and teachers send material and help with teacher training. And it works: more than 100 students sit the baccalaureate each year with an average pass rate double the national average;

in addition, the school can feel proud that its students gained 4 of the total of 7 scholarships awarded by the Sorbonne to exceptional students in Mali.

Rosey-Abantara est née de la volonté des Roséens des années 2000 d'offrir à des enfants très défavorisés de la banlieue de Bamako une école belle, digne et efficace. Inauguré en 2009, Le Rosey-Abantara, accueille 1'500 élèves de 3 à 18 ans, une école supérieure de commerce et gestion et un internat de 100 élèves. Les Roséens et leurs professeurs assistent cette sœur malienne, lui envoient du matériel et contribuent à la formation

des enseignants. Et ça fonctionne: plus de 100 élèves sont présentés chaque année au baccalauréat, avec un taux de succès de 70% (contre moins de 40% en moyenne nationale); en outre, l'école est fière d'avoir obtenu 4 bourses sur les 7 octroyées au Mali par la Sorbonne à Paris au profit d'étudiants exceptionnels.



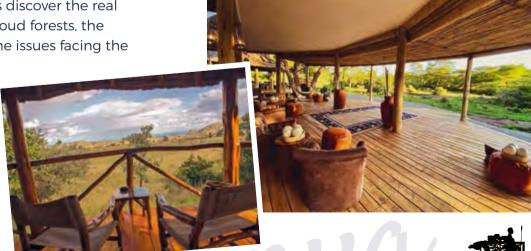


#### **Chyulu Wilderness Camp**

This is Le Rosey's new campus in Africa between the green Chyulu hills so dear to Hemingway and Mount Kilimanjaro. A camp where students discover the real Africa, beyond the usual tourist trails, on the savannah, in the cloud forests, the hills and reserves, where they come to know and understand the issues facing the ecosystem and how wild animals can be best protected.

By participating in concrete wildlife preservation and reforestation projects, with the help of specialists from the Maasai Wilderness Conservation Trust, they will learn to assess and help solve the planet's conservation challenges.

Ce nouveau campus roséen est né au Kenya, dans une nature sauvage et préservée, entre les «vertes collines d'Afrique du Chyulu», chères au cœur d'Hemingway, et le Kilimanjaro. Un camp de safari au superbe style africain, sûr et confortable, qui peut accueillir une soixantaine d'élèves avec leurs enseignants, pour passer une dizaine de jours hors du monde.





www.chyulucamp.com





# Le Régent and Le Rosey

#### What's the Connection?

In autumn 2019, Le Rosey began to collaborate closely with Le Régent International School in Crans-Montana. The aim was to take over the leadership of this young school, founded as recently as 2015, giving it a new Swiss and international identity and to share its expertise and educational values dating back to Rosey's creation in 1880.

And some concrete examples of this partnership:

- The appointment of Rob Gray, Head of Le Rosey from 2002 to 2019, is designed to infuse the school with some of Le Rosey's organization and spirit whilst preserving the individual character of a school in the Alps. with strong links to the local Valais culture.
- The movement of pupils between two sister schools has been greatly facilitated; admissions departments are in constant contact and advise families of the best option in the light of their wishes and expectations as well as places available.
- Since summer 2020, Le Rosey has organised a Régent Summer Camp. In 2021 one camp will offer a solid revision programme in languages and mathematics; the other a Swiss first provides an intensive university preparation programme for students aiming to apply to the US or UK.
- Taking as its model Le Rosey's **powerful alumni association**, the AIAR, Le Régent has created LRISAA (Le Régent International School Alumni Association).
- Le Régent also becomes part of the "Rosey World", sharing ideas and expertise, and with its students able to spend time together, for example, at the Chyulu Wilderness Camp in Kenya.

En automne 2019 a débuté une collaboration très étroite entre Le Régent International School à Crans-Montana et Le Rosey, avec pour objectif de prendre un jour les rênes de cette jeune école née en 2015. Après lui avoir donné une nouvelle identité à la fois suisse et internationale, Le Rosey - le plus vieil internat de Suisse né en 1880 - a généreusement partagé son expertise et ses valeurs éducatives.

Quelques exemples du fonctionnement de ce partenariat:

- La nomination de Rob Gray, Headmaster du Rosey de 2002 à 2019 a pour but de donner au Régent une structure académique et humaine d'inspiration roséenne, tout en préservant l'originalité propre à une école alpine ancrée dans la culture valaisanne.
- Le passage des élèves entre les deux écoles qui se veulent complémentaires est ainsi facilité; les directeurs des admissions sont en contact permanent et conseillent au mieux les familles pour les diriger vers l'une ou l'autre école, selon leurs vœux, leurs attentes et bien sûr les places disponibles.
- Depuis l'été 2020, Le Rosey propose un **Summer Camp à Crans-Montana**. Son programme de révision des langues et mathématiques est exigeant et cet été, il lance une nouveauté unique en Suisse: une session de préparation intense aux universités européennes et américaines.
- · A l'image de la très puissante AIAR (Association Internationale des Anciens Roséens), **Le Régent met en place son LRISAA** (Le Régent International School Alumni Association).
- Le Régent fait à présent partie de la famille du Rosey et de ce fait partage ses valeurs, son expertise et donne à ses élèves l'opportunité de découvrir, entre autres, le camp Chyulu Wilderness du Rosey au Kenya.

