

# Physical Education and Sport



**ALEC REED ACADEMY**  
PROUD TO LEARN



The Physical Education and Sports Department is a large department which places a very high emphasis on high expectations in terms of teaching, learning and behaviour. Mainly, this is achieved through careful planning, preparation and delivery of lessons that encompass a wide variety of teaching styles and strategies to ensure all students needs are met. The department plays a key role in helping to raise standards and attitudes to learning across the whole Academy.



The accommodation for PE and School Sport is excellent and consists of a floodlit Artificial Training Pitch, Multi-Use Games Area housing 3 netball courts, 2 basketball courts (including SEN court markings) and 4 tennis courts; large Sports Hall; Gymnasium with Climbing wall; Dance Studio; Grass areas and a well resourced Fitness Suite. A large, dedicated office for all PE staff situated above the Sports Hall allows for the sharing of good practice and helps to create an excellent staff atmosphere.



The department is well resourced and a high level of investment has been made into the professional development of staff. This enables the department to benefit from the very latest teaching and learning strategies and innovations for PE and School Sport as well as affording teachers the courses for the skills and expertise they seek to develop both internally and externally.



The curriculum for PE and Sport is innovative in design and diverse in nature providing a broad and balanced curriculum that is centred around the personalised learning needs of students. In Years 7 and 8 students follow a programme of study that is structured to encourage competition and sport specific and health related fitness. The department also has comparative numbers in KS4 studying BTEC L2 Sport Studies. The post 16 BTEC Sport, Basketball Academy and Soccer skills is also heavily subscribed with students studying the Diploma and Extended Diploma alongside full access and opportunities within the football academy, where past successes have included at county and national championships. In addition the department offers a broad OSHL programme including climbing, fitness, trampolining, dance, rugby, football, basketball and many more.

# Physical Education and Sport continued...



**WEST LONDON ACADEMY**  
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Staff also have the opportunity to teach across the age range as an Academy which includes Primary to Post 16. In Post 16 students have the opportunity to follow the BTEC Level 3 Certificate, and Diploma in Sport and Exercise, with the majority of BTEC Sport students where they receive qualified football coaching and compete regularly. In Year 9 students have the option to select the Edexcel BTEC Level 2 in Sport in addition to the those mentioned previously. The BTEC provides an exciting and lively introduction to the Sports and Leisure industry and allows students to complete a number of coaching course and volunteering opportunities.



At Post-16 there is a students are also given the opportunity to develop their coaching skills and complete other accredited courses such as the FA level 1 and level 2 coaching awards and Level 2 in Community Sports Leadership has been offered. The 'Football Academy' students currently receive 8 hours of high quality football coaching from UEFA and FA Level 1 qualified coaches in addition to their vocational/academic courses. There is also the opportunity for students to play at the highest level possible through representing the Academy in the county league and also through strong community links with a Semi-professional club.



At KS4 our GCSE and BTEC results have for a number of years surpassed National levels of progress. Over recent years all BTEC Sport students who have wanted to have gone onto to attended their number one University option to study Sport related courses at Higher education including Sport Science and Physical Education with QTS degrees at University.



The out of school hours learning at the Academy plays an integral role in the life of the students. Many staff are involved in its delivery. A vibrant and vast programme of clubs are offered during OSHL. These include Climbing, Boxing, Football, Netball, Table Tennis, Athletics, Cricket, Fitness, and numerous others. As a result of this vast programme the Academy has achieved success in a number of borough competitions and offers pupils at each year group up to 12 hours extra a week OSHL clubs.