

# Calderstones School

## Physical Education

### Department Information

PHYSICAL EDUCATION



The PE department at Calderstones School consists of a dedicated team of ten teaching staff and one technician, making it one of the largest departments in the school.

The department benefits from a wide range of facilities across the school including: A large multi-purpose sports hall, two gymnasiums, swimming pool, fitness suite, dance studio, outside basketball and tennis courts, two on-site grass fields and a very large off-site playing field. We are dedicated to promoting our vision of providing opportunities for all students to fall in love with exercise and sport.



## PE Department Vision

Promote positive well-being through:

- Resilience
- Collaboration
- Integrity
- Physical Literacy
- Responsibility
- Leadership

**We want our students to fall in love with exercise and sport.**

At KS3, students in year 7 and 8 benefit from three lessons per week at 60 minutes each with year 9 receiving two lessons per week. Students are taught in ability groups with initial setting taking place in the first half term at year 7. The curriculum and assessment structure has recently been overhauled to include the teaching of twelve life skills and leadership. Staff have the opportunity to be flexible with the activities and sports that they offer in a given teaching space whilst focusing on key life skills and skill mastery. This promotes positive engagement from students and allows teaching staff to focus on their individual groups' requirements to ensure progression and achievement for all.

At KS4 we have a popular GCSE option that follow the OCR specification. Students have five lessons per week; three theory and two practical. For those students who do not take the GCSE route, they have two lessons per week with the main focus being on leadership and life skills.

We have an increasingly popular A-level PE option at KS5 following the OCR specification.

The department has a thriving extracurricular programme with many sports teams and clubs for students to attend. These can range from football to ultimate Frisbee and swimming with many success stories. The department prides itself on being innovative and will always strive to include a club in response to student demand. The department also runs an extremely successful Sports Leadership Academy at year 10 with a large cohort of students assisting the completion of primary and secondary sports events across the city. This is run in conjunction with the Liverpool Schools Sports Partnership and the department are proud to be involved with local and national initiatives to promote physical activity and sport.

The PE department values teamwork and dedication to promoting physical activity and sport with all our students. A strong initiative is welcomed to engage all students by being brave enough to try new activities in a fun and enthusiastic manner. A love of PE and commitment to physical activity and sport is vital in addressing gaps in student levels of physical activity and mental well-being. The department provides excellent resources and facilities to support this.

We set very high standards for ourselves and our students which undoubtedly provides an excellent environment for the right candidate to thrive.

**Mr. Gareth Johnson**  
**Head of Physical Education**