

## Strength and Conditioning Coach Person Specification

Education and Qualifications	Essential	Desirable	Assessment
Accredited with UKSCA or equivalent National Body	✓	✓	A/I
Good honours graduate with a sports based degree		✓	A
Commitment to personal/professional development	✓		I

Experience	Essential	Desirable	Assessment
Experience of working with students aged 11-18		✓	A/I

Knowledge and Understanding	Essential	Desirable	Assessment
A thorough, up-to-date knowledge and understanding of sports teaching, coaching and playing	✓		A/I
Ability to employ a range of effective teaching and learning styles		✓	A/I
Ability to coordinate individual and group training programmes	✓		A/I

Teaching and Learning	Essential	Desirable	Assessment
Ability to raise achievement for all	✓		I
Committed to ensuring excellent standards of behaviour at all times	✓		I
Excellent communication skills	✓		I

Skills and Attributes	Essential	Desirable	Assessment
Ability to establish good working relationships and effective teamwork	✓		I
Excellent role model for staff and students	✓		I
Innovatory approaches to curriculum delivery		✓	A/I

Personal Qualities	Essential	Desirable	Assessment
High expectations of students and colleagues	✓		I
Highly motivated and able to motivate and inspire students	✓		I
Enthusiastic and committed	✓		I
A passion for coaching	✓		I
Open-mindedness	✓		I
A forward-thinking approach		✓	I
Excellent interpersonal skills	✓		I
Display calmness under pressure	✓		I
Charismatic - having 'a presence'		✓	I

### Assessment Key

A Application Form

I Interview