



### **Core PE**

The curriculum will be broad and balanced allowing students to develop the knowledge and skills to be physically active and healthy in later life. Our schemes of work will promote enjoyment and fun in PE as the key motivation tool for participation and lifelong involvement in physical activity. Through our teaching pupils will know how to get involved and improve their skills in many different types of sports and exercise. Pupils will understand why sport and exercise are good for them and they will develop confidence and competence in order to value and take responsibility for engagement in physical activities for life. The curriculum will also promote the academic aspects of the subject closely linking practical and theoretical concepts, Sportspersonship will be visible in all lessons with pupils abiding by rules, being humble in victory and gracious in defeat.

### **Options based PE (GCSE-AQA & A Level-OCR PE)**

Pupils will learn about worldwide sports, training practices and the global issues associated with the areas. They will be able to make reasoned arguments about important issues such as performance enhancing drugs, gender stereotypes and use of the media to promote sport and confidently articulate their opinions and challenge their peers' opinions using evidence to support their arguments. Pupils will develop knowledge and understanding of how to work with others at a variety of different skill levels and strengths. They will also be guided towards life step progressions in sport and how connections between theory content can make significant improvements in their own sports performance outside of school.

### **Staffing and Facilities:**

The Physical Education department is made up of an experienced team who can deliver a wealth of knowledge and expertise across a wide range of sports. We have four members of staff currently working in the PE department. We are a highly committed, skilled and friendly team who welcome communication with parents and carers.

The Spalding High School Fitness & Leisure Centre was opened in 2005. The centre has added a great deal to the PE department allowing more activities to occur through more space and better facilities. Across the site we have the following facilities: a four badminton court fully equipped sports hall, one fully equipped fitness suite, grounds covering: 1 x full-sized football pitch, 1 x 7 v 7 football pitch, 1 x 5 v 5 football pitch, four rounders pitches (summer only), two softball diamonds, 1 x 200 metre athletics track (summer only), 1 x 20m long jump track/pit. Hard surface covering: 3 x netball courts, 4 x tennis courts. GCSE classrooms two teaching classrooms (1 x ICT room 1 x classroom).