

Post Title: Wellbeing Practitioner

| | Essential | Desirable |
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| Qualifications | <p>A relevant qualification in mental health, counselling, psychology, or social work</p> <p>A recognised qualification in working with young people or within an educational setting (e.g., Youth Worker qualification, SENCO training, or equivalent).</p> | <p>A valid qualification in Youth Mental Health First Aid</p> <p>Qualified Wellbeing Practitioner with at least two years' experience working with young people</p> <p>Additional qualifications in mental health (e.g., CBT, DBT, or similar)</p> |
| Experience | <p>Experience with therapeutic or counselling techniques, including Cognitive Behavioural Therapy (CBT), Solution-Focused Therapy (SFT), or other evidence-based approaches</p> <p>Experience of working with young people with diverse needs, including emotional, social, and mental health challenges</p> <p>Experience of delivering wellbeing or mental health workshops, training, or group interventions.</p> | <p>Experience working in a wellbeing, mental health, or pastoral care role in an educational setting or similar environment</p> <p>Experience of working in a Post 16 educational environment</p> |
| Personal Skills | <p>Excellent interpersonal and communication skills with the ability to confidently build and maintain relationships with all stakeholders</p> <p>Strong understanding of child development, mental health issues affecting young people, and evidence-based intervention techniques</p> <p>Knowledge of current safeguarding protocols and statutory guidance in relation to student wellbeing and mental health</p> <p>Ability to establish trust and rapport with young people, fostering an inclusive and supportive environment</p> <p>Strong communication skills, both written and verbal, with the ability to engage students, staff, and parents effectively</p> | |

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| | <p>Excellent organisational and time-management skills, with the ability to manage competing priorities</p> <p>Proactive, with a solution-focused approach to problem-solving and the ability to work independently and as part of a team</p> <p>Ability to maintain confidentiality and handle sensitive issues with professionalism and discretion</p> <p>A commitment to ongoing professional development and keeping up-to-date with best practices in the field of student wellbeing and mental health</p> <p>Ability to work in a way that promotes the safety and wellbeing of young people.</p> | |
| Technical Skills | Good basic IT skills | Knowledge of CPOMS, Google suite |