



## **Gordon's School Athletic Development Coach – Job description**

**Reports to:** Head of Athletic Development

**Hours of work:**

8-6pm Mon-Thurs

8-4pm Fridays

Saturday mornings

**Main Purpose of the Job:**

The role will focus on providing the Senior Sports Scholars and Harlequin Partnership Programme (HPP) students with athletic performance coaching. With the aim to facilitate the development of players to meet the demands of ACE rugby, whilst taking into consideration their academic commitments.

**Duties and Responsibilities:**

1. Lead on the delivery of a comprehensive athletic development programme
2. Assist the Heads of Sport in the planning and scheduling of on field sessions.
3. Manage all senior students training schedule to coincide with the players physical goals and academic commitments.
4. Management of GPS units, data, and reporting.
5. To be present, and coach to a high standard, at all ACE scheduled sessions.
6. To record and monitor training loads of all scholars.
7. To liaise with all members of the performance team to ensure the long-term development of players.
8. To programme and deliver rehabilitation sessions for injured players, alongside Gordon's Physios.
9. To assist in the preparation and running of ACE matches.
10. Maintain and report up to date testing data and player well-being.
11. Maintain a comprehensive, indexed database of relevant testing and daily work data for athletes and periodically report this data to relevant key stake holders.

**Person Specification – Qualifications:**

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|---|-----------|
| • Degree in sports science or strength and conditioning         | Essential |
| • Masters degree in sports science or strength and conditioning | Desirable |

**Experience:**

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|---|-----------|
| • Experience working in a high performance / school environment | Essential |
| • Experience working within a rugby environment                 | Desirable |
| • Experience working with GPS                                   | Desirable |

## Knowledge and Skills:

- Strong verbal and written communication skills Essential
- Thorough knowledge and ability to coach barbell lifts, supplementary exercises, field, and ground-based drills, including how to correct common faults Essential
- Ability to work as part of a team and display a professional approach to all aspects of the job. Essential
- A high level of organisational skills and ability to work to deadlines. Essential
- Enthusiastic, friendly, and committed to the personal, social, athletic, and academic development of young people. Essential

*Gordon's School is a Boarding and Day School and is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment – applicants must be willing to undergo appropriate screening including a DBS check.*