



## Learning is effective when it has a clear purpose:

有了明确的学习目的后，学习会变得高效：

- Students take ownership and responsibility for their own learning.  
学生对自己的学习负有责任。
- Students use what they already know to construct new understandings.  
学生利用已有知识构建全新的认知。



## Learning is effective when it is adapted and applied:

对学习内容进行变通和运用能让学习变得高效：

- Students make connections between knowledge, concepts and skills.  
学生将知识、概念和技能联系起来。
- Students transfer knowledge and skills to a variety of contexts.  
学生将知识和技能应用到各种场景中。



## Learning is effective when it is personalised:

个性化的学习内容能让学习变得高效：

- Students are appropriately challenged from their own starting points.  
学生从各自的起步点迎接适当的挑战。
- Students can engage in meaningful and deliberate practice in lesson time.  
学生在课堂上能参与有意义和有针对性的训练。
- Students respond to quality feedback with concrete strategies for improvement.  
学生通过具体的改进策略对质量反馈进行响应。



## Learning is effective when it is relational:

与他人协作能让学习变得高效：

- Students engage in effective collaboration and build positive, safe relationships.  
学生参与有效的合作，建立积极、安全的人际关系。
- Students are able to recognize mistakes as collective learning opportunities.  
学生能够将错误视为开展集体学习的机会。

## Two Core Outcomes

### 两项核心成果

The long-term retention of valuable knowledge, concepts and skills.

长期掌握重要知识、概念和技能。

The ability to transfer what has been retained into different contexts and situations.

具备将所掌握的知识运用到不同情形和场景中的能力。