

JOB DESCRIPTION

Mountain Bike Instructor

Job Title:	Mountain Bike Instructor
Line Manager:	Sports Programme Coordinator/ Head of Sport

Purpose of Job

As a Mountain Bike Instructor, your primary responsibility is to teach and improve the riding skills of students whilst maintaining a safe and fun learning environment. You will play a key role in the delivery of the Mountain Bike Academy programme across the Gold & Green season, as well as deliver coaching to the Mountain Biking team.

Duties and Responsibilities

Green and Gold Season Mountain Biking Academy

- **Teaching Skills:** Instructing riders on mountain biking techniques including stability & balance, controls, terrain awareness, direction control, pressure control.
- **Safety Assurance:** To ensure a safe riding environment by educating students about safety practices, proper equipment usage, and trail etiquette.
- **Equipment Maintenance:** Performing basic maintenance on bikes, ensuring all equipment is safe and functioning properly. Previous experience in Bike Maintenance is an asset.
- **First Aid:** Being trained in first aid and CPR to handle any accidents or injuries that may occur.
- **Assessment:** Analyse students' abilities and cater lessons accordingly.
- **Programme Development:** To help develop curriculums, events, programs and races for students.
- **Lifelong Learning:** To instil a mindset of continuous improvement and learning in students, inspiring them to pursue further skill development and exploration.

Team Sports

- Deliver quality and personalized coaching for the Mountain Bike Team in preparation for students to ride Downhill Courses and Events within Japan.
- Be enthusiastic to coach a Mountain Bike related course offered within the schools CCA programme.
- Design and implement effective training sessions to enhance individual and team skills.

Other Responsibilities:

- Support the Head of Sport and Sports Programme Coordinator with the planning and preparation of Mountain Bike trips.
- Conduct administrative tasks with efficiency and enthusiasm.
- Able to collaborate effectively with fellow mountain bike instructors, contributing to the continuous development and success of Harrow's Mountain Bike programme.
- Act as a mentor and role model for students.
- Undertake any other reasonable duties as requested by the Head of Sport, including but not limited to, assistance with local and international sports tours, attendance at weekend fixtures, and any additional duties that are deemed necessary for the effective operation of the Sports Department.

Benefits

- Use of the resort onsen (hot spring)
- Accommodation provided
- All meals during term time
- Use of school facilities e.g., pool, gym etc
- Termly Shinkansen (Bullet Train) Tickets between Tokyo and Morioka

Requirements

Qualifications:

- PMBIA certification or equivalent is essential.
- First Aid Certificate such as Wafa is essential, WFR is preferred.
- Previous experience in trail building or bike maintenance is an asset.

Education is an ever-changing service and all staff are expected to participate constructively in school activities and to adopt a flexible approach to their work. Whilst every effort has been made to explain the main duties and responsibilities of the post, each individual task undertaken may not be identified. The post holder will be expected to comply with any reasonable request from the line manager to undertake work of a similar level that is not specified in this job description. This job description may be amended at any time following discussion between the line manager and member of staff, and will be reviewed annually during the appraisal process, and will be varied in the light of the business needs of the school.

About the Department

Sport Harrow Appi is a vital strand of the curriculum and our commitment to providing our students with a holistic education is at the heart of what we do. The school is located on a small ski resort, Appikogen in the mountains of Iwate, Japan. The campus is a spacious environment that boasts tennis courts, football pitches, a double sports hall and an 8 lane, 25-meter indoor heated swimming pool. A team of qualified sports coaches deliver an extensive Academy and Sports programme that runs throughout the year, shifting focus as the seasons change.

At Harrow Appi, all students are enrolled in the Sports Academy programme which takes place during the academic school day. Three times a week, students can undertake either tennis, golf, mountain biking or trail running in the Green and Gold Seasons and skiing and snowboarding in the White Season. The Sports Academy programme at Harrow Appi provides students with the opportunity to access the local learning area during the school day and enables our students to learn transferrable skills that extend to other aspects of life. Through these activities, students earn the value of being physically active and develop positive personal and social attitudes.

Additionally, students participate in CCA's (Co-Curricular Activities) that take place during after school hours. It is here that team sports take place and students can choose from various sporting activities which include, but are not limited to, football, rugby, basketball, swimming, volleyball, tennis, golf, water polo and baseball.

Your ability to demonstrate any or all of the following on application or at interview will significantly increase the likelihood of your being offered the position:

- A passion for and ability to offer coaching or instruction in any of the Sports offered in the Academy programme:
 - Tennis, Golf, Mountain Biking, Trail Running
 - Skiing or Snowboarding
- Having played sport in any discipline at a high level
- Coaching experience in your preferred discipline
- Experience of working in a boarding school or similar
- Willingness to learn and be a part of a growing school