**JOB DESCRIPTION**

**JOB TITLE: SPORTS COACH WITH STRENGTH AND CONDITIONING**

**RESPONSIBLE TO:** Director of Sport.

**RESPONSIBLE FOR:** N/A

**PURPOSE OF THE POST:**

At Malvern College, our pupils benefit from highly experienced, expert coaching across the entire sporting curriculum, and we have some boys and girls who excel. We recognise that in order to reach the top level our pupils require specialist support and coaching. To meet this need we invite certain high performing pupils to join the schools Performance Pathway. The Pathway consists of strength and conditioning sessions to educate pupils on all aspects relevant to athletic development, as well as developing physical competency in a spectrum of movement skills. Additionally, pupils enrolled on the Pathway have access to specialist skills training, performance education, and individual mentoring to promote Long Term Athletic Development. We also offer open athletic development sessions during co-curricular time to allow all pupils to experience exposure to strength and conditioning coaching.

**KEY DUTIES:**

Under the guidance of the Head of Strength and Conditioning and Heads of Sport, who report to the Director of Sport, the main responsibilities of the Sports Coach with strength and conditioning are as follows:

* Provide sports coaching services for the pupils of the College as directed by the Head Coach/Teacher in charge.
* Plan and deliver group and individual coaching sessions to our pupils where appropriate
* Support the running and development of the Performance Pathway
* Assist with the delivery of Athletic Development Club sessions
* Create and implement periodised group and individual strength and conditioning sessions to our pupils
* Facilitate any strength and conditioning programmes provided by external institutions
* Support rehabilitation plans that pupils may receive from Physiotherapists and/or Sports Therapists following any injuries they may have sustained
* Support strength and conditioning outreach work to Preparatory schools where appropriate
* Observe a professional and appropriate relationship with pupils at all times and adhere to the College’s policy on Safeguarding Children and the College’s Code of Conduct
* Undertake Safeguarding Children training and refresher training as required
* Support the Director of Sport with various administrative duties as and when required
* For the right candidate, there may be an opportunity to become a Boarding Tutor and undertake one evening duty a week.

**HOURS:**

The successful candidate will be required to work on average 32 hours per week, term time only, including the following:

* Sports sessions run every Tuesday and Thursday afternoon with fixtures on Saturdays
* Two Year 9 PE sessions per week
* Two Performance Pathway sessions per week
* Three Athletic Development Club sessions per week
* Any other sports coaching sessions as required by the Director of Sport.

**BENEFITS:**

* Contributory pension scheme with Scottish Widows (successful candidate will be auto enrolled after successfully completing 3 months service
* Death in Service Insurance cover and Personal Accident Insurance cover
* Generous membership terms (family and personal) for the College Sports Facility.

**PERSON** **SPECIFICATION:**

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| **CRITERIA** | **ESSENTIAL** | **DESIRABLE** |
| Education and Qualifications | * BSc (hons) in Strength & Conditioning or Sport-related degree * UKSCA Accreditation or working towards it or equivalent (CSCS) | * MSc in Strength & Conditioning or Sport-related degree |
| Experience, Knowledge and Understanding | * Experience of coaching with a recognised coaching qualification and/or practical performance ideally in Football but Netball, Cricket, or Hockey will also be considered * Experience working with young athletes | * Strength & Conditioning provision within a youth setting |
| Role Related and Personal Skills | * Ability to work as part of a team * Flexible in your approach to work * Able to build great rapport and communicate effectively with pupils |  |
| General | * The desire to undertake further training as may be required in order to properly perform the duties in a changing and challenging environment | * An understanding of working in the Independent sector and/or a boarding school environment |

**MALVERN QUALITIES:**

All staff are expected to model and promote our Malvern Qualities, which are:

* Resilience
* Self–Awareness
* Open-mindedness
* Kindness
* Collaboration
* Risk-Taking
* Curiosity
* Ambition
* Independence
* Integrity
* Humility

**GENERAL REQUIREMENTS:**

In accordance with the provisions of the Health and Safety at Work Act 1974 (as amended) and the Management of Health and Safety at Work Regulations 1999 (as amended) you must take reasonable care not to endanger yourself or other persons whilst at work. You must co-operate with the College to enable it to comply with its legal duties for Health and Safety.

It should be noted that the above list of duties and responsibilities is not necessarily a complete statement of the duties of the post. It is intended to give an overall view of the position and should be taken as guidance only.

Malvern College is committed to safeguarding and promoting the welfare of its pupils and expects all employees to share this commitment.  Employees must, at all times, have regard to the need to safeguard and promote the welfare of children in line with the provisions of the Children Act 2004 (as amended) and Keeping Children Safe in Education (as amended) and be fully aware of, and understand, the duties and responsibilities that apply to their role in relation to these requirements. All employees must attend appropriate training in accordance with College and local Safeguarding Board stipulations.

**APPLICATIONS:**

Full details of working at Malvern College and our Application form can be found on our website: <https://www.malverncollege.org.uk/>

Applications should be sent to Human Resources, Malvern College, Malvern, Worcestershire WR14 3DF or via email to [humanresources@malverncollege.org](mailto:humanresources@malverncollege.org).uk by no later than **noon on 15 July 2019.**

You will be required to provide proof of your identity, right to work in the UK and qualifications during the selection process.

***Malvern College exists to provide a quality all round education for pupils aged 13 – 18 and is committed to safeguarding and promoting the welfare of children and young people. Candidates must be prepared to undergo child protection screening and an Enhanced DBS check.***

***We will seek references on short-listed candidates that will include questions about past disciplinary actions or allegations in relation to behaviour with children and may approach previous employers for information to verify particular experience or qualifications before interview.***

**July 2019**