

# KEDS Framework

## Kinship

Practice effective communication

Be generous and kind

Participate in college life

Be safe, and look after others

Resolve conflicts

Respect differences

Provide intellectual challenge

Demonstrate integrity

## Effort and Discipline

Work hard and show perseverance

Be prepared and plan ahead

Manage your time wisely

Attend every session - on time

Use feedback to improve

Hone your study and organisational skills

Listen actively

Seek to become an expert

## Self Knowledge

Be curious and open-minded

Don't let a fear of mistakes stop effort

Strive for high standards

Be accountable

Be reflective and think critically

Seek wisdom

Make healthy choices

Be kind to yourself and ask for help

