



**CARDINAL
NEWMAN
COLLEGE**

STAFF PERKS

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Here are the latest Staff Perks, click on the logos for more information. If you have any questions about the perks please contact hr@cardinalnewman.ac.uk

	<p>RAC: Via Vehicle Benefits, CNC staff can access a discounted rate for their yearly RAC cover with prices starting from £46.44. Using the link, you can purchase your cover using the below</p> <p>Login Details: Company Code: VB123 Passcode: RAC123</p>
	<p>Electric Vehicle Scheme: Salary sacrifice lease car scheme for electric vehicles</p>
	<p>Competitive defined benefit pension schemes: Support staff are enrolled into the Local Government Pension Scheme</p>
	<p>Pensions Scheme: Teachers are enrolled into the Teachers' Pensions Scheme</p>
	<p>Techscheme: Purchase technology through salary sacrifice. Save money and spread the cost on the latest tech from Apple and Currys PC World</p>
	<p>Shared Cost AVCs: LGPS members have access to tax efficient ways to save for retirement</p>
	<p>Cyclescheme: Purchase bikes and equipment through salary sacrifice and save on tax and NI</p>
	<p>Credit Union: Save through your pay. Offering simple savings to members for over 26 years</p>
	<p>Bus Passes: Discount on Preston Bus and Stagecoach</p>
	<p>VDU Specsavers Voucher: Free eye tests for VDU users</p>

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	<p>Health: Annual NHS Health Checks and Flu Vaccinations</p>
<p>discountsforteachers</p>	<p>Discounts: Hundreds of Big Brand Savings!</p>
	<p>Public Sector Discounts: Join online for FREE</p>
<p>Teacher Perks</p>	<p>Teacher Perks: Free membership for school staff and schools to access incredible perks from high street brands and edu-suppliers</p>
	<p>TOTUM Card: Please speak to Amy Baines if you need any help.</p>
	<p>Up to 30% discount at Hilton Hotels: Please take your ID card as proof</p>
	<p>Discount at Body Shop: Offering 10% discount on orders, with a small number of exclusions. Please contact Carrie Crossley by emailing carriecrossley2012@gmail.com for a brochure and quote STAFFDISCOUNT10 to arrange your order.</p>
	<p>Discount at LEVEL: Claim the discounted student price by showing your college ID. The saving on activities is more than 20% on weekends and just short of 20% during weekdays</p>
	<p>25% off main meals at Manjaros: Any time of day, Monday - Friday - Please take your ID card as proof. Deliveries available to College if ordered an hour in advance (excludes holidays and platters).</p>
	<p>10% Hotel Discount: When booking with us for the discounted rate you can either call us direct on 0800 246 1010 or alternately email us.</p>
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Haute Dolci Luxury Dessert House Preston:

Get 10% off when visiting Haute Dolci and access to loyalty app. Please show staff ID.



Roberts-Steel Hairdressing:

284 Garstang Road, Fulwood, Preston, PR2 9RX
10% off all services. Please show your staff ID.



The Wellbeing Physiotherapy Clinic:

Physiotherapists specialise in the treatment of back and neck pain, sports injuries, joint problems, neurological and respiratory conditions. Staff discount available.



Diverse Gym & Physio:

Diverse Gym and Physiotherapy is a new gym located in Preston, just off Junction 31a of the M6, on Roman Way.

Diverse Gym & Physio are offering 20% discount on membership costs.

Memberships being priced as below.

- 12-month contract £15.99 monthly (Usual full price £19.99)
- Non-contract £19.99 monthly (Usual full price £24.99)



The Body Coach:

3 Month free subscription to the Body Coach fitness app for all Teachers and Support staff >

<https://www.thebodycoach.com/teachers>



Gym Works:

Exclusive GymWorks membership offer!

Join one of our two branches in Preston or Chorley for just £19.99 / Month - No Contract & Pay No Joining Fee

Extra Benefits include:

- 3 x FREE day passes worth £10 each for friends and family
- FREE Personal training session worth £30
- FREE Induction

Check us out today at www.gym-works.co.uk & enter promo code newman

Contact us via email at:

Preston = preston@gym-works.co.uk

Chorley = info@gym-works.co.uk

STAFF PERKS



Down Dog Yoga App:

Download the 'Down Dog Yoga App' and access free membership. Please click on this link to get free membership. There is no need to enter any bank card details.



Spiralling Up Wellbeing Programme:

This 6 month online wellbeing programme helps participants move from Stress, Anxiety and Overwhelm to Confident, Resilient and Balanced through a mix of pre-recorded lessons and live online supportive group sessions. Newman staff can contact Helen directly to get a 10% discount.



LAR Acupuncture & Wellbeing:

An initial consultation for free as part of the first paid treatment and £5 off every treatment thereafter.



Amanda Englishby Life Coach:

£10 OFF your First Online Coaching Session

Could you do with some extra support right now?
Is it time to take care of your wellbeing?

Get in touch today to find out how my Coaching; Clinical Hypnotherapy, NLP and EFT techniques can help you!

info@amandaenglishby.co.uk

07780798192

<http://bit.ly/aelifec>



** FREE phone consultations available **

Please show your ID badge to receive the discount.



Nuffield Health:

30% discount for education employees*

Access any of the 114 fitness and wellbeing centres nationwide
*12m and 1m contracts. Terms and Conditions and Exclusions apply. Join online at nuffieldhealth.com/gyms using code TEACHERS30



Jemma Oliver Physiotherapy:

Simple and effective help with pain, injuries or persistent annoying niggles!

Initial Assessment £45 (45 minutes)

Follow up Sessions £35 (30 minutes)

£5 off for Cardinal Newman Employees

STAFF PERKS



**CARDINAL
NEWMAN
COLLEGE**

Cardinal Newman College:

- Staff Wellbeing Day
- Staff Development Package
- Christmas and summer parties



**NEWMAN
ACTIVE**

Newman Active:

- Free Exercise Classes
- Free on-site gym (email Jonathan Fletcher to arrange an induction)



Blackpool Pleasure Beach:

Wristbands from as little as £19.00 per person - Book online via the button below to access your reward scheme link where the discount is already applied.



Mortgages by
McAteer
www.mortgagesbymcateer.co.uk

McAteer Mortgages:

As a CNC employee, you are entitled to £250 off their mortgage broker fees if you're looking for mortgage advice. The typical starting price for this is £497.



jpa surveyors

JPA Surveyors:

A 20% discount for all CNC employees for any of their survey and valuation services.



the foot room

The Foot Room – Broughton and Longridge:

10% CNC staff discount on all treatments, just quote 'Cardinal Newman offer' when you're booking.



O₂

O2:

Via UNiDAYS or TOTUM you can get 20% off your Airtime Plan, when buying a connected phone or tablet. You can also claim 20% off selected accessories. You will then have access to o2 Priority, granting you access to daily offers and discounts via o2. Access your unique discount code via your UNiDAYS or TOTUM accounts to add at checkout. If you need any help with TOTUM please contact Amy Baines.



North
West
Gas

North West Gas:

During Summer months, CNC staff are eligible for a discount on their boiler and central heating checking services. This is the perfect time to ensure your boiler is working efficiently after the Winter period and just in time for Autumn to make sure everything is running smoothly. When organising your service (or asking for a quote) just mention that you're Cardinal Newman College staff.

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Preston Trick Dogs:

CNC staff can access 10% discount when booking onto any regular training classes via <https://PrestonTrickDogs.as.me>.
Quote the code 'NEWMAN' when booking at checkout.
Current classes can take part in person or online.



Happy Boxx

Founded in May 2020, by a CNC colleague, Happy Boxy are offering a 10% discount to staff on the wide range of letterbox gifts on their website for all occasions. Use the code CNC10 at checkout.