

**BEACONSFIELD HIGH SCHOOL**

**PERSON SPECIFICATION**

**SCHOOL COUNSELLOR**

	<b>ESSENTIAL</b>	<b>DESIRABLE</b>
<b>SKILLS &amp; ABILITIES</b>	<p>Able to communicate effectively and therapeutically with students</p> <p>Able to form and maintain professional relationships and boundaries with young people and adults</p> <p>Able to deal with confidential information in a sensitive manner</p> <p>Able to provide coping strategies/techniques, advice and support to enable students to manage problems and know they are not on their own</p> <p>Positive listening skills</p> <p>Calm and reassuring particularly when under pressure</p> <p>Patient and approachable</p>	<p>Previous experience of working with young people</p> <p>Able to use ICT effectively</p> <p>Experience of using Microsoft Office</p>
<b>EXPERIENCE &amp; KNOWLEDGE</b>	<p>Qualification in CBT (preferably diploma), therapeutic, and counselling skills to help students deal with issues such as anxiety, depression, anger, self-esteem, OCD and other difficulties they may experience</p>	<p>Experience of running mindfulness groups, exam anxiety courses, and/or emotional resilience groups</p>
<b>QUALIFICATIONS</b>	<p>GCSE grade A* to C in Maths and English, or equivalent</p>	<p>Recognised relevant qualifications/professional training programme</p>