



Physical Education Department

The Physical Education department at St Benet Biscop has proven to be very successful over a number of years. There are currently 5 members of staff in the department who work together closely and strive for excellence in all that we do.

Key stage 3

KS3 covers years 7, 8 and 9. In years 7 and 8 students receive 4 lessons of core PE per fortnight. In year 9 students receive 3 lessons of core PE per fortnight. The PE department have an inclusive approach to lessons and believe that every student has the potential to succeed in some area / role of physical activity and sport. In key stage 3 classes are mixed ability. Students will receive a varied and wide ranging curriculum; each half term they will complete schemes of work in 2 different activities / sports. During each half term formative assessment will take place and summative assessment will take place in the last week of each half term.

Key stage 4

Core PE

Students receive 1 lesson of core PE each week. Students in lessons at KS4 will be set based on ability / confidence.

Examination PE

Currently we offer AQA GCSE Physical Education and BTEC Level 2 First Award in Sport. There are comprehensive schemes of work and resources available for each course.

In GCSE PE students receive 5 hours per fortnight; the course is 60% exams (2 papers), 30% practical (3 different sports) and 10% coursework. We have two smaller than average size GCSE PE classes, which allows us to effectively support all our students with their learning. Classes will be set based on student performance and progress in each half termly assessments. Homework is set approximately every 2 lessons.

In BTEC Sport students receive 5 hours per fortnight; the course is 25% exam and 75% coursework. We have one mixed ability class with approximately 25 students. Homework is set regularly each week in order to complete on-going coursework tasks and keep on top of deadlines.

In both examination PE courses student performance is under constant review; targeted intervention in and out of class is offered to help support our students to realise their potential and challenge under performance.

Key stage 5

The department offers Pearson Level 3 National Extended Certificate in Sport. Key Stage 5 provision is currently 9 hours per fortnight. Students who have studied BTEC Sport commonly progress onto sports related degrees at University.