

JOB DESCRIPTION

Job Title	Sports Physiotherapist
Department	Games Department
Function	Co-Curricular
Reports to (Job Title)	Director of Sports / Sanatorium
Location	Sports Centre

JOB PURPOSE

To deliver sports physiotherapy provisions to Sports Scholars and specific sports teams.

KEY RESPONSIBILITIES/ACCOUNTABILITIES:

To develop and deliver physiotherapy sessions, support and expertise to Rugby School Sport

Assessment of injury risk using advanced knowledge of normal movement patterns and typical injury mechanisms to interpret the additional demands placed on the body in different sporting contexts and across a range of sport.

Design and implement individual and group injury prevention programmes which incorporate research based, sports specific strategies, measure the outcomes of interventions, and modify interventions, where appropriate, before progression for performance enhancement.

To offer pitch side support on designated match days for allocated sports and specific teams.

To carry out relevant physiotherapy administrative tasks, updating school databases and sports portals. Maintain comprehensive and secure records of work conducted with athletes. Attend, contribute to and provide regular reports at appropriate meetings associated with the programme and to key personnel. Within the rules of professional confidentiality liaise with athletes, primary care managers, parents, coaches and other support staff as appropriate.

To assist with the Sports Scholarship and Aspiring Athletic Performer (AAP) Programme in the School, with focus on delivering educational sessions on injury prevention and rehabilitation training.

To work with the Athletic Development team to support the conditioning, pre-hab and rehab of Sports Scholars.

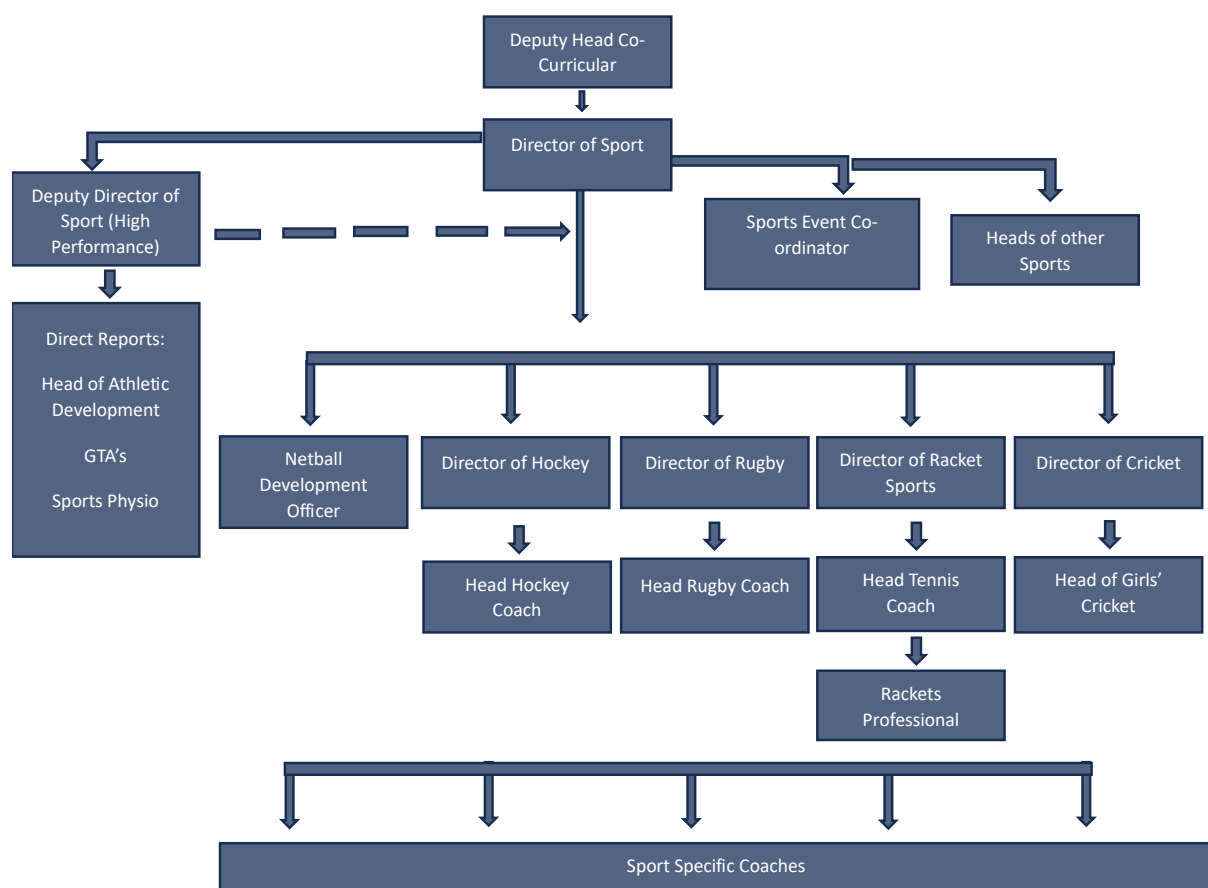
Contribute to the enhancement of an athlete's performance by evaluating their physical and performance-related profile, by reviewing competition to highlight trends and deficits in performance and relating this to previous screening, testing and monitoring data.

To maintain regular communication with relevant organisations that support sports scholars such as Return2Play, Northampton Saints Rugby, Warwickshire Cricket, Birmingham Panthers Netball and Birmingham Hockey TA.

Promote and safeguard the welfare of children and young persons for who the role is responsible and with whom this person comes into contact.

Undertake a planned and agreed programme of CPD, including attendance at internal and external meetings and courses to keep abreast of best practice.

ORGANISATIONAL CHART



PERSON SPECIFICATION

	Essential	Desirable	Method of assessment
Qualifications	<p>Appropriate Physiotherapy Qualification</p> <p>Member of the Chartered Society of Physiotherapy (MCSP)</p>	<p>Evidence of continued professional development</p> <p>Relevant pitch side trauma training qualification.</p> <p>Member of the health and Care Professions Council (HCPC)</p>	Production of the Applicant's certificates.
Experience	Worked in one or more of School main sports (Rugby / Hockey / Cricket / Netball) to a good level.		<p>Contents of the application form.</p> <p>Interview.</p> <p>Professional references.</p>
Skills	<p>Strong planning and reporting ability with excellent organisational skills.</p> <p>Excellent range of clinical skills with an emphasis on assessment & rehabilitation</p> <p>Excellent clinical reasoning and manual therapy skills</p>	Confident IT skills – email, excel, word.	<p>Contents of the application form.</p> <p>Interview.</p>
Knowledge	<p>Sound knowledge of sports injuries in adolescent aged athletes</p> <p>Knowledge of return to play guidelines, physical conditioning and periodisation.</p>	<p>Knowledge of rehabilitation programs.</p> <p>Knowledge of use of GPS / Objective return to play markers to establish a robust return to play plan.</p>	<p>Contents of the application form.</p> <p>Interview.</p>
Personal competencies and qualities	<p>Excellent interpersonal skills.</p> <p>Ability to prioritise own workload.</p> <p>Self-motivated, reliable, organised and punctual.</p> <p>Able to work in a team as well as individually.</p>		<p>Contents of the application form.</p> <p>Interview.</p>

	<p>Motivation to work with children and young people.</p> <p>Ability to form and maintain appropriate relationships and personal boundaries with children and young people.</p> <p>Emotional resilience in working with challenging behaviours.</p> <p>Positive attitude to use of authority and maintaining discipline.</p>		
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