

Information about the Rapha Manchester to London Ride



Now in its fourth year, the Manchester to London challenge will be taking place on Sunday 3rd September 2017. 220 riders will set off from the Manchester Velodrome at dawn, riding down the spine of the country through the Peak District, Midlands and the Chilterns before finishing at Ambitious about Autism's Pears National Centre for Autism Education.

Over the past three years the ride has raised over £770,000 in support of the charity and this year we're hoping to reach a million.

HIGHLIGHTS

"It was an epic experience, with remarkable views, perfectly supported and a real sense of accomplishment in finishing."

- 220 miles of hard British riding
- Support with fundraising and training
- Fully signed and mapped route
- Four feed stations serving British fare
- Mechanical and medical support vehicles, and a broom wagon
- Limited edition North and South caps and musettes
- Party at Rapha Manchester the evening before the event



THE ROUTE

“Fantastic route, well sign-posted. Hard to fault anything really.”

Manchester to London takes riders down the spine of the country, moving through the Peak District, Midlands, and the Chilterns on the way to the capital. Our fully signposted route offers varied terrain, quiet country lanes, and stunning views. The feed stations are positioned every 50 miles or so, allowing for regular refreshments of locally sourced food and drink. The final leg of the journey enters north London to finish in Highgate at TreeHouse School, which was founded and is run by Ambitious about Autism.

FUNDRAISING

“Far better than any other charity event I have taken part in. I felt engaged with the charity and those who will hopefully benefit from the funds raised.”

Our aim is to raise money for Ambitious about Autism, who celebrate their 20th Anniversary this year. Autism is a lifelong developmental disability which affects 1 in 100 people and the charity is one close to Rapha CEO and founder Simon Mottram, whose son Oscar has autism.

STEVEN'S STORY

Muswell Hill local Steven, who has taken on the challenge, said: “I first learned of the Manchester to London Challenge in the spring of this year from a friend who has worked with Rapha in the past. He spoke in glowing terms of the event and I was intrigued by the idea of raising money and awareness for autism by undertaking such a long ride. As the father of a 5 year old with ASD, I could think of no more personal a cause to rise to. I was then quite fortunate to meet a fellow who completed the Challenge in 2015. His positive experience and the encouragement of my friends and family led me to believe I could take the Challenge on.”



FURTHER INFORMATION

For more information about the Rapha Manchester to London Ride please visit:

<http://pages.rapha.cc/m2l>