



The Field Centre stands at the heart of our organisation, providing the academic rigour and resources to further develop the understanding and application of Practical Skills Therapeutic Education, as the transformative educational method for our students, staff and the wider community.

*practice enhanced research
research enhanced practice*



Our Charitable Objectives

The charitable objectives of Ruskin Mill Trust, approved by the Charity Commission in 1996

To advance the education of young people with learning difficulties and/or behavioural problems or special educational needs through training in the areas of arts, crafts, agriculture and environmental sciences, with particular reference being given to the indications and insights of Rudolf Steiner in these areas

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To promote research into the practice and development in these areas of education provided that all research findings will be widely disseminated

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The promotion of Rudolf Steiner educational establishments.

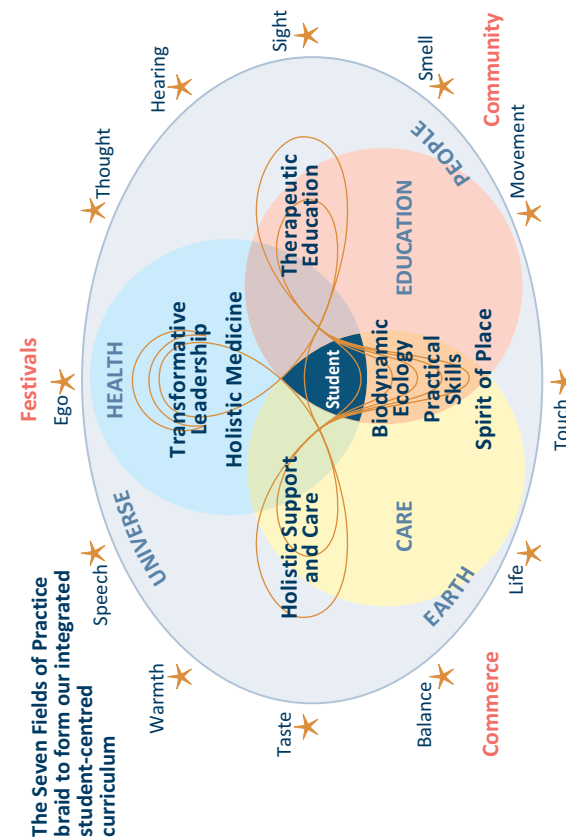
rmt.org
2017



re-imagining potential

Our vision

That each individual has the potential to shape their own future through experiencing meaningful relationships with **universe, earth and people**



Our Values

We value inclusive learning and living activities that integrate practical activity, thinking and emotions

We value mutual respect and we strive to understand all people's differences and uniqueness

We value the capacity for re-imagination present in all people, towards positive change and development

We value openness, goodwill, tolerance and treating individuals with dignity and respect

Our Purpose

We provide students with holistic learning by role modelling positive relationships in the fields of arts, crafts, commerce, agriculture, nutrition, living skills and the environment.

By immersing students within the productive aspect of our curriculum, students learn to care for their own well-being and development and overcome their barriers to learning. This is so students learn to recognise their capabilities and positively contribute to society, which is continuously celebrated through cultural events and arts festivals for staff, students and the wider community.

This approach is embedded within a research and training culture up to Master's level delivered through The Field Centre providing opportunities for all staff and the wider community.

Our Method is Practical Skills Therapeutic Education (PSTE)

PSTE stands behind the students' curriculum and the professional development of our staff

Why do we use PSTE?

To enable each learner to develop their own capacity for self-generated conscious action

How do we do this?

By helping each learner to find their own pathway through the Three Stages of an individualised and tailored PSTE curriculum

What is involved?

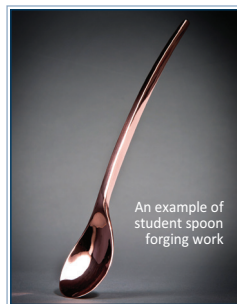
Enabling every learner's pathway to be informed by RMT's Seven Fields of Practice which is realised through the 'Three Stages' of a PSTE curriculum

A student speaks about the impact of PSTE on her learning journey

As I began to polish my spoon, my picture of myself began to be reflected.

It looked weird as it distorted my reflection. Sometimes I looked better than I thought, I felt, and sometimes I looked disturbed.

My dislike for myself was tested because the spoon was beautiful



The Seven Fields of Practice

These are the practically applied principles that guide the student journey with Ruskin Mill

Genius Loci (Spirit of Place)

Practical Skills

Biodynamic Ecology

Therapeutic Education

Holistic Support and Care

Holistic Medicine

Transformative Leadership and Management

The Seven Care Qualities

Woven throughout our work, and in particular the practice of Holistic Support and Care with students, are the Seven Care Qualities. These are drawn from Rudolf Steiner's Seven Life Processes

The 7 Care Qualities

Rhythm
Warmth
Nourishment
Trust
Constancy
Culture
Recreation

The 7 Life Processes

Breathing
Warming
Nourishing
Secreting
Maintaining
Growing
Reproducing

Educational Research

Research is integral to supporting and improving our students' experience and outcomes. To achieve this, we work collaboratively with practitioners from across the Trust, universities and other individuals and organisations.

Our research activity delivers meaningful and robust '**practice enhanced research**' in supporting and validating the Trust's unique method, and by continuous improvement of teaching and learning practice, in practical skills developmental learning, through '**research enhanced practice**'. Research findings are fed directly back into the the Trust's operations, to enhance the student experience through:

- **Improving the delivery of Practical Skills Therapeutic Education**
- **Identifying and sharing good practice between centres and colleagues**
- **Enhancing pedagogic and professional practice through dissemination and staff training**

Importantly, our research is shared externally to contribute to the wider knowledge base in alternative approaches to special education, through publications, innovative training and educational programmes.