

LE RĒGENT
INTERNATIONAL SCHOOL
CRANS-MONTANA SWITZERLAND

This is Le Régent

Le Régent is the fruit of a typically Swiss story of friendship between four Valaisan residents from the Haut Plateau in love with the area and all with a shared dream: to build an international school high up on the Crans-Montana plateau, in the pure mountain air and brilliant sunshine, and with an emblematic Swiss alpine view.

Le Régent opened its doors in September 2015 in four ultra-modern buildings, equipped with the latest learning technology and spacious, comfortable bedrooms. It welcomes students from 3 to 18 years old, from over 30 different countries, offering a studious yet lively atmosphere which thrives on community diversity. This all with the intention to prepare each individual for a bright future ahead.

In 2019, Le Rosey entered into partnership with Le Régent, bringing its 140 years of educational experience to assist with the school's new direction and identity, one which is firmly rooted in Switzerland but with a truly international outlook. Together the schools will develop and promote Le Régent's academic offering, strengthen its links with the local community, oversee campus improvement and launch Le Régent's first summer programme, Régent Camps.

Truly Swiss, truly international



What can I expect from Le Régent?

To become the person you want to be, by discovering and developing all your sporting, artistic and social talents and by stimulating your curiosity through the new experiences that Régent offers.

To achieve the best possible results with the help of highly experienced teachers and a stimulating environment. To be determined and ambitious. To obtain a place at the best possible university.

To develop a love and understanding of nature and yourself through outdoor education.

To infuse study, activities and community life with the personal values of courtesy, compassion, creativity and courage.



This is my classroom

A unique learning experience

Students from all over the world enjoy personalized attention in small classes on a beautiful campus: modern buildings, glorious panoramic alpine views and an unrivalled environment for learning beyond the classroom.



This is truly Swiss

A special spirit

Le Régent is true to the character of Switzerland: safe, efficient, reliable at the heart of Europe – forward-looking and modern but with a respect for tradition, for service and for the environment.

This is truly international

A global community here on campus

Embrace difference thanks to a nationality and language quota policy, friendships, sympathetic and thoughtful teachers and leaders. These provide a life based on trust, clear ethical guidelines, courtesy, and compassion as well as the thrill of competitions, events, activities and celebrations with young people from across the world.



This is the place to be

Discover Crans-Montana

One of the most beautiful destinations in Valais, emblematic of Switzerland – safe, stable and welcoming where the air is pure and dangers seem far, far away.





This is my future

Academic excellence and more

Le Régent is an Apple Distinguished School with up-to-date facilities and highly innovative teachers. Future-ready students, guided, counselled and supported as they prepare for their next step to universities across the world – and, later in life, able to profit from worldwide friendships and an international network.



This is a great start in life!

Here you learn to speak several languages, make friends from all over the world, are trained in sports and become involved in musical activities. Here you acquire an open mind to feel at home anywhere, know how to use sophisticated technical equipment and will leave school with a worldwide network of friends.

This is starting life on the right path!

This is my campus

Le Régent, the most modern and recent of Swiss international schools benefits from an ultra-modern campus, purpose-built in the heart of Crans-Montana in 2015.

Classrooms, learning spaces, communal and living areas have been designed to foster a “feel-good” factor and accelerate learning potential, with future-ready learning needs and student wellbeing in mind.

Our Secondary School, Junior School and bilingual Infant School host a Maker-space for creative and innovation projects which extend across and beyond the curriculum, both in students’ free time and as part of an after-school programme.

Excellent facilities include a sports hall, housing two tennis and three squash courts, football, basketball and volleyball pitches and access to unmatched facilities in the local area for golf, horse riding, mountain biking and action and adventure sports to name only a few.

The skiing area comprises 140 km of pistes topped by the *Pointe de la Plaine Morte* at 2,927m. The views of the Imperial Crown are stunning.

Régents enjoy a custom-built dance and theatre space where classical ballet thrives alongside other dance forms and exercise classes.











Curriculum in brief

BILINGUAL INFANT SCHOOL 3-6 YEARS

The bilingual Infant School with its Early Years Programme (ages 3-6) offers a unique opportunity to develop fluency in both English and French in a warm and caring environment.



JUNIOR SCHOOL 7-12 YEARS

The Junior School provides personalised and academically rigorous learning. A broad and blended programme selected from the best international models, all with a multi-cultural outlook and the right balance of academic and extra-curricular activities.



SECONDARY SCHOOL 13-18 YEARS

Le Régent, an IB world school, produces well-rounded, internationally minded students. Teaching and learning focus on the individual, and through the full IB Diploma programme and its own Graduation Diploma, we challenge every student, ensuring that all reach their potential.



Early Years Programme

Our programme is based on the English national curriculum. The areas of learning in Reception (aged 3) are: Communication and Language, Literacy, Mathematics, Expressive Arts and Design, Physical-Personal-Social-Emotional development, and Understanding the world. In Classes 1 and 2, children have lessons in English, French, Mathematics, Science, History, Art, PE and Music.

And lots of fun and creativity in all aspects of learning, including two afternoons a week of Forest School, when children get outdoors to take advantage of our wonderful environment and learn different skills.

AGE 1ST SEPT.	LE RÉGENT		SYLLABUS	US GRADE	UK YEAR	SWITZERLAND
3	Infants	Nursery & reception	Early Years	Nursery	Nursery	
4				Preschool	Reception	Pre-school Kindergarten
5		Class 1	British Curriculum Key stage 1	Kindergarten	1	Pre-school Kindergarten
6				1	2	1ère



Junior Programme

As children progress through the Juniors, they develop their judgement and independent learning skills building on the knowledge they acquire in classes. These begin with English (and phonics), Mathematics, French, Science, Humanities, Information Technology (ICT), Drama, Art, Personal, Social & Health Education (PSHE), Music, PE, sport – and later, Mandarin. History and Geography are added where they are often taught thematically as part of a topic based curriculum.

In the final two years of the Junior School (ages 11 and 12), Régents study: English, Mathematics, French (with the option of a second modern language including Mandarin), Biology, Chemistry, Physics, History, Geography, Computing, Physical Education, Music, Drama, Art and Sport. An academic tutor oversees the academic progress of each individual child and teaches PSHE and Study Skills.

IGCSE

The IGCSEs are the world's most popular international qualification with over 800,000 subject entries in over 150 countries and in more than 4,800 schools around the world each year.

In Class 8, the key priority is to lay excellent foundations, with a broad range of subjects that can be taken on to IGCSE. An academic tutor oversees the academic progress of each individual student.

In Classes 9 and 10, students work towards final exams, usually in 9 or 10 subjects. All are examined through a mixture of coursework and written exams taken at the end of Class 10.







International Baccalaureate

The Core of the IB Diploma aims to broaden students' educational experience, challenging them to apply their knowledge and skills, a perfect match for Le Régent. Its mission is to "develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect".

The IB is recognised by all major universities.

Le Régent Graduation Diploma

Le Régent also offers its own Graduation Diploma **(RGD)**.

Students have to meet a number of IB academic requirements – in English, Maths, Sciences, Humanities and Languages, but may also specialize in sports classes and coaching. Crans-Montana has splendid golf course and skiing options. Students are able to combine an emphasis on both or one of these sports.

Students must participate in the Régent expedition programme and have an acceptable disciplinary and attendance record. They receive credits which count towards the diploma on which the award of the final certification depends.



Curriculum Overview

AGE 1ST SEPT.	LE RÉGENT		SYLLABUS	US GRADE	UK YEAR	SWITZERLAND	FRANCE
3	Infants	Nursery & reception	Early Years	Nursery	Nursery		Maternelle (PS)
4				Preschool	Reception	Pre-school Kindergarten	Maternelle (MS)
5		Class 1	British Curriculum Key stage 1	Kindergarten	1	Pre-school Kindergarten	Maternelle (GS)
6				1	2	1ère	CP
7	Juniors	Class 2	British Curriculum with adaptations Key stage 2	2	3	2ème	CE1
8		Class 3		3	4	3ème	CE2
9		Class 4		4	5	4ème	CM1
10		Class 5		5	6	5ème	CM2
11		Class 6	British Curriculum with adaptations Key stage 3	6	7	6ème	6ème
12		Class 7		7	8	1ère C.O.	5ème
13	Secondary	Class 8		8	9	2ème C.O.	4ème
14		Class 9	(I)GCSE	9	10	3ème C.O.	3ème
15		Class 10 (IGCSEs)		10	11	1ère collège	Seconde
16		IB 1	IB	11	12	2ème collège	Première
17		IB 2		12	13	3ème collège Maturité	Terminale





University Guidance

Both the IGCSEs and IB are highly regarded across the world but the key to doing well is often in the subject choices students make – and that might make them opt instead for the Régent Graduation Diploma.

This where the careful and thorough guidance programme, especially in the final four years of schooling, leads students through the options available, balancing aspirations with the most effective choices. The emphasis is always on what is best for the student.

Tutors advise pupils as they complete their application forms and their personal statements; knowing our students ensures that our experienced Director of Guidance can produce references that are both supportive and insightful.

Extension classes help pupils apply to the most competitive universities such as the Ivy League and “Oxbridge”. SAT preparation courses are available for those wishing to apply to the US.

To supplement academic excellence, more general careers guidance and personal skills development can be key. Régents benefit from extensive resources, a range of contacts with local, national and international businesses and professional bodies.

English as an additional language

English is the “mother tongue” of many Régents – but for others who need to improve, Le Régent has a sensitive support structure to ensure success.

Entrance tests and ongoing assessment allow us to identify language ability and the type of support required by each student. Our approach is flexible and tailored to the individual’s needs.

In the Juniors, EAL students are grouped in small classes and benefit from specific EAL strategies. Later, classes in most subjects with specialist EAL teachers allow pupils to “fast-track” English language learning and follow the same academic curriculum as other pupils.

This system continues in Secondary, although students should have sufficient ability in English to access the curriculum and achieve their potential in the IGCSE and IB examinations. We provide expert support for students who go on to take Cambridge ESOL and IELTS exams, one of which is necessary for access to universities in the USA and UK.





Service learning

Régents are encouraged to participate and take a leading role in numerous humanitarian projects. These initiatives are naturally aimed at providing students with a sense of their responsibilities towards those much less privileged than themselves. In leaving behind the digital world and stepping outside their comfort zone, they will build their leadership and teamwork skills at the heart of an active entrepreneurial group.

They also learn to value, serve and enrich their local community.

Régents will be able to participate in a one-week volunteering programme at Chyulu Wilderness Camp based in the Chyulu Hills, Kenya, where they will engage in community and conservation projects in collaboration with the Maasai Wilderness Conservation Trust. Students studying the International Baccalaureate can use this week to meet their learning outcomes for CAS, through cultural immersion and practical service work.

Young people naturally aspire to make the world a better place, a philosophy that will stay with them forever.







Inside Le Régent



SPORTS & OUTDOOR EDUCATION

Sport is an integral part of life. Expert tuition ensure Régents find their passion and achieve their potential, developing individual skills. It stimulates competitive spirit, teaches fair play, helps to develop a balanced personality and healthy lifestyle.

In autumn and summer, Régents practise football, basketball, volleyball, rugby, indoor hockey, fitness, squash and badminton. We work closely with professionals at the Crans-sur-Sierre Golf Club, which boasts perhaps the finest course in Switzerland, to deliver a comprehensive programme as part of our Graduation Diploma sports specialism.

In the winter term skiing obviously takes centre stage; all students have ski lessons with qualified ski, snowboarding and freestyle instructors.

And Régents can take private tennis, ballet, yoga/pilates and horse riding lessons.





Exploring the mountains, discovering mountain climbing, forest orienteering, building team spirit and leadership skills, learning self-defence techniques: all activities designed for Régents to know themselves better, to build on their strengths and become aware of their limitations so as to overcome them.

In our remarkable environment, the Outdoor Education programme inspires and empowers young people, while building the resilience required for both the professional and personal sphere.

The Crans-Montana area is a perfect setting for a superb range of activities, led by qualified and experienced professionals, creating moments of self discovery and increased environmental awareness.

As part of the Saturday programme, children participate in age-appropriate progressive activities that can include walking, high ropes, orienteering, outdoor cooking, mountain-biking, climbing and camp craft.





THE ARTS, SOCIETIES & CLUBS

All Régents are encouraged to express themselves creatively. This is not only enjoyable, stimulating and rewarding in itself, but also helps to develop essential communication skills and self-confidence.

A tremendous range of instruments is taught, and students have the opportunity to join music ensembles, orchestra, choirs, and to perform in informal and formal concerts. A variety of art disciplines include oil-painting, print-making, ceramics, textiles, photography, mixed-media work and sculpture.

Le Régent organises an exciting programme of productions involving all age groups throughout the year. The students participate in the House public speaking and reading competitions, which at an early age develop the key skill of clear, confident communication to a large audience.





Societies and clubs introduce students to new ideas and to interests and skills beyond the curriculum.

Outside speakers inspire students; in addition, many students make short presentations in an area of particular interest like the Model United Nations. The societies are run by a team of secondary students, helping them to develop their leadership skills as they organise meetings for their peers. Other societies regularly put on a range of events, debates, film evenings and practical sessions.

Régents are encouraged to take part in as many as activities as they wish, monitored by their tutors who ensure that regular academic commitments can be met.

More than a school

Le Régent's vibrant co-educational boarding community provides the complete Le Régent experience – and its advantages are shared with day students who are expected to be as much a part of the school.

Although we believe that full boarding is the best choice, there is also a range of "flexi-boarding" options, including weekday or weekend boarding or even the chance to spend the occasional night on campus.

Day students and many weekends activities ensure a rich link with the local community.

Day, flexi & full-boarding

House Parents alongside House Tutors, live with their own families in each of the boarding houses where the atmosphere is one of warmth and friendliness between children of a similar age. Celebrations, traditions, rites and competitions bind its members more closely together and generate lifelong friendships. From the eight-year-old Junior to the eighteen-year-old Senior entering into adulthood, all feel part of a reassuring and supportive community where any form of exclusion or harassment is strongly sanctioned.

Health problems are dealt with in the first instance by the House Parents or House Tutors who may refer the students to the school nurse in the comfort of the well-appointed infirmaries. In case of an emergency, we benefit from a network of experienced local pediatricians and Sion hospital.

Differing religious beliefs are respected and supported. Dietary requirements, observation of prayer times and attendance at external services are accommodated wherever possible.







JUNIOR BOARDING

Boy and girl boarders live on separate floors, looked after and provided for by resident House Parents. Small numbers and the special care given to the children's welfare, together with a real family atmosphere, ensure a harmonious and happy life.

Each student shares a very comfortable room with en-suite shower, with up to three of their peers. They enjoy their own well-appointed Library and there is also ample and safe space for playing and enjoying each other's company.

Breakfast, morning and afternoon breaks are served in the building, but lunches and dinners are served in the main dining room. Great care is taken by the school chef to prepare well balanced meals with plenty of fresh produce; special dietary requirements are also provided for.

SECONDARY BOARDING

The Secondary School has two boarding houses, one for the girls and one for the boys. Each room accommodates up to four students. House Parents are assisted by House Tutors living on each floor, and in some cases are supported by a young university graduate.

Academic work during the week is interspersed with moments of fun and complemented by busy and enjoyable weekends with plenty on offer, including outings to town.

We are happy to accommodate most boarding requests from day students, for the odd evening, for regular nights, or for longer blocks of time. Often the children themselves are keen to join an activity or the weekend programme. Having a teacher on hand including during prep can also have significant appeal!

Beyond Le Régent

Future-ready

When Le Régent students graduate, the US, the UK and Switzerland are the preferred destinations. Highly supportive guidance and advice empower them to make confident and autonomous choices. The objective is to choose their next step best suited for their interests and talents – and where appropriate, to aim for the colleges and universities which offer the “best fit”.

In 2020, the graduating class were offered places at Oxford, Cambridge, the LSE, Imperial College and UCL in the UK and at UCLA, NYU and the University of Virginia in the USA.



Admission Process

Let’s discover Le Régent together!

If something about our school has resonated with you, I would be delighted to tell you more about the character of our school and to guide you through the process of admission.

The first step is to contact me by phone or email and ask whatever questions you may have. This will be an important decision for your future and it’s worth making sure you have all the information you need.

The second step is to complete an application form online and to send us all the required documents. You then will be invited to come to school for your admission day. You will be chaperoned by one of our student ambassadors, so that you can visit the classes, speak with other students, see the dorms, have lunch at school, and thus get a real taste of Le Régent.

During the admission day, you will also have the chance to sit the English and maths admission tests to check your academic level and be interviewed by our Head of school.

Once we have been able to get to know you better, and to evaluate your academic level, the admissions committee will make a decision about your application. I would then get in touch to share the news with you, and if the decision is favourable, help you in getting ready for the next chapter of your educational journey.

A bientôt in Crans-Montana.



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What our students say...

“When I started at Le Régent, I was very shy. However, studying in a small community made me feel part of a big family, allowing me to build my confidence in many aspects of life and easily overcome challenges faced. I have become a much more organized and responsible person, as well as an independent learner. The small class sizes have also made it much easier for me to learn because teachers are able to provide help and guidance whenever necessary.

I have loved living in the Swiss Alps with the almost always sunny Crans-Montana climate! Studying in the library motivated me every day because of the breathtaking view. Hiking in Crans and nearby mountains was sometimes tiring, but an exciting and positive experience. I will, of course, miss the expeditions: they were a true show of teamwork where everyone would work together to get through the difficult moments and make them better.”

Mikaela





“I learned that I am capable of more than I thought. Le Régent has guided and pushed me academically, but also through the extracurricular activities like expeditions. I learned that I can always go a little further than I thought I could.

I learnt that I can be assertive: I know my values which guide my actions.

I think that I found a few friends for life and look forward to what the future brings!”

Asia

“Le Régent has put me in many situations where I have developed my personality and contributed to my personal development. Learning comes from overcoming challenges and reflecting upon them. Being in charge of a team that had the same goal of improving and competing was empowering and inspiring. It has shown me how much people can achieve when they cooperate and dedicate themselves to a shared goal. I have gained experience in leading, teaching and learned that a team is most powerful when it plays together.

I will miss the small class sizes and I will miss the expeditions. I will miss the boarding life and the outdoor camping in summer. I will miss the collaboration in projects and on the slopes. Of course, it goes without saying, I will miss Le Régent and my family here.”

Hanna

26

RĒGENT CAMPS

absolutely summer

MAKE NEW FRIENDS, LEAVE YOUR SCREENS BEHIND AND SPEND SUMMER IN THE SUNSHINE IN CRANS-MONTANA.

Mornings

- Academic lessons in *English, French or Maths*, or a combination of two subjects, up to pre-IGCSE and pre-IB level.

Afternoons

- *Meet you on the fairway* of the Omega Masters with our golfing professionals
- Or *learn the secrets of perfect photography and videography* with Leica ambassadors and professional drone pilots
- Or *awaken your inner explorer* with a rush of adrenaline on our Mountain Sports programme!

The weekend

- *Expedition and adventure* in alpine heights and under the stars.



CHYULU
WILDERNESS
CAMP KENYA

A JOURNEY TO AFRICA

The Chyulu Wilderness Camp is one-of-a-kind and 60 young people from all over the world are invited to discover the real Africa – an Africa beyond the usual tourist trails, in Hemingway's sacred Chyulu Hills looking over to Mt Kilimanjaro. A unique journey to understand and build projects about conservation and sustainability.

Designed and managed by Le Rosey, the camp welcomes young people from 12 to 18 years old; situated in Opulsare Spring, at the border of Tsavo National Park, it covers 800 hectares (2000 acres), rented from the Maasai community and equipped with its own private runway (45-minute flight to Nairobi).

Students live in tents with en-suite bathrooms, each housing two to four students and safely placed on wooden galleries (boys and girls separated). The camp boasts an authentic African lounge, dining room, library, conference room, outdoor fireplace and the Baobab Café.

Regents can participate in a one-week program focused on Adventure Expedition, Community Volunteering, Conservation and Mindfulness.

www.chyulucamp.com



INTERNATIONAL BACCALAUREATE (IB) & CREATIVITY-ACTIVITY-SERVICE (CAS)

The Camp has been designed for campers aged 12 and above, who will experience cultural immersion and practical service work.

The programme caters for **a wide variety of learning outcomes including**: engaging with issues of global importance, consideration of ethical implications, developing new skills, working collaboratively with others, undertaking new challenges, showing perseverance and commitment.

For campers 15 and above preparing their high school diploma, our programme specifically fulfils the requirements of CAS for the IB.

CAS students could also use this trip for their project by researching needs in the local community and then spreading awareness and continuing the conservation project when returning back to school.





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