# Arden Physical Education Department Information

Arden is situated in pleasant surroundings in Knowle, Solihull. It is an oversubscribed 11-18 High Performing Academy. Judged ‘Outstanding’ by Ofsted in our most recent inspections we have over 1600 students on roll, including 260 in the Sixth Form. As a Multi Academy Trust we truly value the success of every child and we place the sharing of excellent education practice at the core of this value. We are committed to improving the quality of education and life in Solihull and its immediate surroundings.  The Trust operates from its hub in Knowle, to the south of Solihull.

At Arden we pride ourselves on doing the very best for every pupil, helping them achieve their full educational potential as they develop into happy, well-rounded young adults, of whom we can be very proud. In return for doing our best, we expect every pupil to match up to the high academic and personal standards that we set as a pre-requisite for being part of the Arden family. Arden is a place where a child can really flourish and we do our very best to see them reach their maximum personal and academic potential.

The Physical Education Department at Arden School aims to enhance the learning of all its students via quality teaching practice, the effective use of information and communications technology, a genuine belief in the cultural value of physical education and a commitment the extra-curricular opportunities we offer our students. These aims and values stand alongside the aims and values of the whole school.

The Physical Education department is a strong team of 10 friendly, professional teachers supported by a designated technician. A variety of courses are taught by the Physical Education department including GCSE PE, BTEC Sport, BTEC Health & Social Care, BTEC Travel and Tourism (all level 2) as well as A Level Physical Education.

# Key Stage 3

During Key Stage 3 we deliver a bespoke curriculum to all pupils. Across the 3 years students study a variety of activities including Invasion, Net/Wall, Strike/Field games as well as Gymnastics, Dance, OAA, HRF and Athletics. They are assessed of 6 key areas; Physical, Social, Personal, Creative, Health and Cognitive.

To ensure every individual is valued equally, lessons are delivered in a mixed ability setting in Year 7, allowing the entire cohort the opportunity to thrive and succeed. The majority of classes throughout Key Stage 3 and 4 are taught by one teacher, occasionally two.

Lessons are supplemented by an extensive extra-curricular program that in some sports does require a commitment to Saturday morning fixtures.

# Key Stage 4

Very effective engagement and significant progress at KS3 is reflected in the huge percentage of pupils opting to study examination PE at KS4, through either our GCSE or BTEC options. Again classes are designed to cover the full ability range and to ensure outstanding progress for learning at all times.

Pupils following the OCR GCSE Physical Education route are taught by one teacher to ensure consistency of learning and engagement. In year 10 and 11 the pupils have 5 hours of teaching time over a period of 2 weeks.

For the past three years GCSE results in Physical Education have improved and are significantly higher than the national average. Our 2019 results showed over 25% of students achieving the top levels of 8/9 in a cohort of over 55 students. With many more achieving this grade in the examination papers alone.

Our extra-curricular program as well as annual year 10 ski trip helps support students studying GCSE PE in gaining evidence of their practical performances.

Our BTEC level 2 qualifications regularly make above expected progress in their studies; with our students gaining a subject progress index of 0.85 for the 2018-19 cohort.

# Sixth Form

We offer A Level Physical Education and our results have been outstanding for a number of years. Many of our students continue to study sports based courses at university.

OCR is the chosen board for Post 16 students.

If you can offer us:

* A commitment to high quality teaching and learning and a passion for students’ progress
* Well-developed interpersonal and communication skills;
* Energy, creativity, flair and enthusiasm;
* A clear sense of vision and how it can become reality.
* A real commitment to extra-curricular activities and sport for all

We can offer you:

* A school with an excellent record of academic achievement
* A lively, motivated and friendly staff;
* A pleasant and comfortable working environment;
* First class performance management and professional development;
* The opportunity to contribute to whole school developments