



# JOB DESCRIPTION

**POST TITLE:** SPECIALIST LECTURER - SPORT SCIENCE & PERFORMANCE  
**POST NUMBER:** WREQ2896  
**GRADE:** LECTURER SCALE 1-8

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## **JOB PURPOSE**

The Faculty of Health, Sport and Student Participation is looking to appoint a Specialist Lecturer in Sports Science and Performance, with a specific background in strength and conditioning and/or biomechanics. We require an individual with previous experience in a professional sports science and/or performance setting and holds internationally recognised strength and conditioning accreditation (e.g. UKSCA, NSCA/BASES etc.)

You will join a progressive and successful team, delivering a range of full-time and part-time programmes within the Faculty of Health, Sport and Student Participation.

## **KEY TASKS AND RESPONSIBILITIES**

As post-holder, you will be responsible to the Curriculum Co-ordinator, and ultimately to the Dean of Faculty, for the following:

- Providing high-quality teaching, learning, assessment, and internal moderation across a range of Sport courses, up to and including Higher Education.
- To review and adapt curriculum offers to reflect new delivery modes and responses to agendas such as unemployment, retraining and wellbeing.
- To identify and implement new initiatives that will exploit the use of College sports science and performance facilities and engagement with the wider community.
- To undertake responsibilities for assisting in the course management of a designated course, being responsible for the application of awarding/validating body regulations and procedures and upholding academic standards.
- To successfully establish and oversee the Weston Sports Performance clinic, providing athlete monitoring, bespoke testing batteries and strength and conditioning science to enhance sports and exercise science across the region.
- To provide the provision of sports science and strength and conditioning support (including testing, data analysis and interpretation), including weekly

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data collection and analysis of GPS training, physiological and psychological monitoring data, for Weston College's Sports Performance provisions.

- To support the prescription and supervision of strength and conditioning sessions that reflect a scientific underpinning with reference to a long-term athletic development, periodisation, adaptation and injury prevention programmes.
- To course lead a programme and/or programmes of study, ensuring high levels of achievement and success.
- Contributing to the delivery, tracking, and monitoring of key skill performance amongst cohorts of vocational and work-based learning students in Sport.
- Tutoring of students, giving appropriate support to enable students to achieve their academic and vocational targets.
- Interviewing and giving guidance to potential students.
- Assisting students in their progression to Higher Education, employment and/or work-based learning.
- Contributing to the development and the continual improvement of courses, co-ordinating effectively with both staff and students.
- Being proactive in marketing / liaising with local schools, sector representatives, and employers, with the objective of developing and enhancing programmes of study, ensuring targeted levels of recruitment, establishing strong partnership links, commercial revenue and raising the profile of the division.

## **GENERIC DUTIES**

In addition to the requirements of the post above, all representatives of the academic staff are required to:

- Complete all associated organisation/administrative work, preparation and marking.
- Deal with immediate student disciplinary and welfare problems.
- Keep and maintain specified student and class records.

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- Plan, prepare, develop, and evaluate courses and course materials, and where appropriate supervise course provision.
- Assist with administration, enrolment, pre-enrolment counselling and identification of customer requirements.
- Participate in programme/school/college activities as requested, including parents' evenings.
- Participate and undertake staff appraisal and in-service training, based upon an assessment of individual service needs.
- Meet the requirements of the Health & Safety at Work Act 1974 and the College's Health & Safety Procedures.
- Be prepared to operate on a flexible year as required.
- Undertake such other duties as may be reasonably required commensurate with the grade of the appointment.
- To take responsibility for your Continued Professional Development (CPD) to ensure that you attend regular courses, conferences and keep an up to date file of your CPD achievements.
- To keep up to date knowledge and understanding of trends and best practices of sports science aligned to the sector.
- Ensure maximisation of Weston College's Sport Science and Performance facilities.
- Maintain industry-recognised qualifications and accreditation (UKSCA/NSCA/BASES).
- Complying with Information Security requirements, in line with Weston College policy.



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## HEALTH AND SAFETY

All representatives of staff have a duty to maintain the safe and clean conditions of their workplace area and to co-operate with Weston College on matters of health and safety. This will include assisting with risk assessments and carrying out appropriate actions as required. Staff are required to refer to Weston College's Health and Safety Policies in respect to their specific duties and responsibilities.

## STAFF DEVELOPMENT

All staff are required to participate fully in Weston College's staff development programmes and have a responsibility to identify their own professional development needs in conjunction with their line manager.

## CONDITIONS OF SERVICE

The College standard Contract of Service for Academic staff applies.

## **SALARY**

Lecturer Scale 1-8: £23,840.00 to £34,549.00 per annum.

## **HOURS**

Hours of attendance: 37 hours per week.

Teaching contact hours: 828 hours per annum.

Annual leave: 355.5 hours per annum, inclusive of statutory bank holidays and college closures.

Weston College reserves the right to direct up to 5 days of your annual leave entitlement for efficiency purposes.

As a representative of Weston College, you will be committed to developing your technical skills to enhance learning, including the use of the Virtual Learning Environments (VLEs) and classroom equipment.

*Weston College is committed to safeguarding and promoting the welfare of young people and vulnerable adults, and expects all staff and volunteers to share this commitment.*

# PERSON SPECIFICATION

	ESSENTIAL	DESIRABLE
Five GCSEs at grade 4 / C or above (or equivalent), including Mathematics and English. <i>All applicants must be able to provide evidence of a Level 2 Qualification in Mathematics and English, or be willing to undertake the qualification whilst in post (with the assistance of the College).</i>	✓	
Teaching Qualification. <i>If you do not possess a recognised Teaching Qualification, you will be required to gain this qualification within your first two years of service (with the assistance of the College).</i>		✓
BSc in Sport and Exercise Science (or equivalent). MSc in Applied Sport Science or Strength and Conditioning equivalent.	✓	
Industry Recognised Qualifications (UKSCA/NSCA/BASES). Be an accredited member of at least one of the relevant governing bodies.	✓	
Working knowledge of the sport and exercise science industry.	✓	
Knowledge and experience of current teaching and learning strategies.		✓
Understanding and experience of key applied sports technology to effectively teach and monitor student/athlete performance and progress.	✓	
Experience of working effectively with employers to create new and bespoke provision.	✓	
Excellent organisational skills and administrative skills.	✓	
Excellent interpersonal skills and the ability to work effectively within a team.	✓	
Promoting a culture of involvement, listening and responding to students' needs.	✓	
Setting and achieving high standards for yourself and your students.	✓	
Experience within a sport science and/or performance setting.	✓	



# PERSON SPECIFICATION

Evidence of publications or suitable academic scholarship (e.g. publication in peer reviewed journals, presentation at academic conferences etc.	✓	
Ability to undertake research to enhance the reputation and awareness of Weston Sport	✓	
Experience of working with national governing or accrediting bodies (e.g. membership of a special interest group, advising bodies on policy etc.)	✓	
Setting and achieving high standards for yourself and your students.	✓	
Promoting a culture of involvement, listening and responsiveness to students' needs.	✓	