



KING EDWARD VI HANDSWORTH SCHOOL FOR GIRLS

PHYSICAL EDUCATION Department

Staffing

Mrs Lindsey Gardner
Mrs Sarah Shepherd
Mrs Nicola Morgan
Mrs Charlotte Osborn

Head of PE
Teacher of PE and Pastoral Leader of year 11
Teacher of PE
Teacher of PE and Associate Senior Leader

Facilities

Students have access to a comprehensive array of facilities designed to support their physical education and sports development. Our gymnasium boasts state-of-the-art equipment, including a multigym setup upstairs, providing students with various options for strength and resistance training. For those with a passion for dance, our dedicated studio offers ample space and mirrored walls to perfect routines. Outdoor netball/tennis courts and an extensive field provide opportunities for team sports and friendly competitions, while our sports hall accommodates a range of indoor activities such as basketball, handball, and badminton. Additionally, our physical education classroom serves as a hub for GCSE PE and learning about fitness, nutrition, and overall health, ensuring that students receive a holistic education in physical wellness.



External Examinations

Physical Education is well established as an examination subject in the school. It is a very popular optional GCSE for students in Key Stage 4, we currently offer the Pearson Edexcel course. We currently have 38 students in Year 9 that have opted for GCSE PE and 21 students in Year 10 who are studying for this specification.

Timetable

Physical Education is compulsory for all KS3 and KS4 students. We operate a fortnightly timetable and the current structure, in which all lessons last 50 minutes, is as follows:

Year 7: 4	lessons a fortnight (2 double lessons)
Year 8: 4	lessons a fortnight (2 double lessons)
Year 9: 4	lessons a fortnight (2 double lessons)
Year 10: 4	lessons a fortnight (2 double lessons)
Year 11: 4	lessons a fortnight (2 double lessons)
KS4 GCSE:	5 lessons a fortnight (2 doubles and 1 single lesson)

Accommodation

Lessons are taught in one of the areas mentioned in the facilities section.



Courses Taught

Schemes of learning are written in line with National Curriculum and examination board specification requirements.

Our KS3 and 4 PE curriculum is ambitious and has explicit reference to and opportunities for personal development. It allows pupils to develop resilience, confidence, leadership and independence and fosters pupils to have a consistently positive attitude towards PE.

Using the medium of various sports including Netball, Handball, Gymnastics, Badminton, Dance, Athletics, Rounders, Tennis we teach the following key learning constructs: - Playing sport with confidence, applying technique in competition, performing at maximum levels, exploring choreographic devices, theory in sport and leadership through sport.

Our learners are committed to learning in PE and know where they are with their learning and how they might improve and they take pride in their achievements. Our coherently planned curriculum is sequenced and progressive towards future learning. The curriculum is designed to be aspirational for all pupils and meet all our students' needs.

Our students achieve well in PE and they are always ready for the next stage of physical education. We ensure the progression of skills in sport, theory of sport and leadership in sport by ensuring all year groups do all 3 parts. The lessons in KS3 include theory as a task on entry, leadership and they all do sports that tailor themselves to KS4 when they choose GCSE PE and Sports or dance leadership. We do this so all pupils have a recognised award and hopefully a lifelong love of sport past KS4.

[An overview of our curriculum](#)

Year group	Year 7	Year 8	Year 9	Year 10 Core PE (Rotation)	Year 11 Core PE (Rotation)
Term 1					
KC 1	Playing sports with confidence and safely by abiding by the rules of the game.	Application of technique in competitive situations and skills in isolation	Performing at maximal levels and analysing their performance to aid improvement.	Communication	Teamwork
Sports	Badminton and Netball	Badminton and Netball	Dance, Handball, free choice	Using the Multigym as a medium pupil in 1 term will be taught various ways of physical training and communication, reasons why warm ups and cool downs are important	Using sport tournaments as a medium pupils in 1 term will be taught various ways of sports teamwork and leadership skills to lead a house event
Assessment	Badminton	Netball	Dance	Communicating a warmup to a class of Peers in the multi gym	leading and sports tournament
Term 2					
KC2	Exploring basic choreographic devices and fundamentals of movement.	Exploring aesthetic performance using basic and complex choreographic devices	Strategies and tactics to overcome opponents	Motivating	Values - Fairness and respect
Sports	Dance, Handball, Gymnastics	Fitness, Handball and Dance	Netball, Badminton	Using multi skills in various sports as a medium pupils in 1 term will be taught how to motivate pupils in sport and dance and lead a class of pupils	Using sport as a medium pupil in 1 term will be taught various ways of sports umpiring and officiating
Assessment	Gymnastics	Dance	Teacher choice depending on class between Badminton or Netball	Leading a skill and drill activity to primary school pupils	leading and umpiring a sports tournament
Term 3					

KC3	Understanding how to exercise safely, what it is to have a healthy lifestyle and the parts that make up fitness.	Showing an appreciation of the systems in the body that allow movement and sport.	Exploring and communicating ideas on how to exercise safely and effectively	Leading	Resilience and perseverance
Sports	Athletics, Rounders, Free choice	Athletics, Rounders, Free choice	Athletics, Rounders, Free choice	Using sport and an emphasis on enjoyment as a medium pupil in 1 term will be taught how to lead a whole lesson of a sport of their choice	Using sport and an emphasis on inclusivity as a medium pupil in 1 term will be taught how to lead a multi skills circuit
Assessment	Fitness and Theory consolidation	Rounders and theory consolidation	Athletics and theory consolidation	leading a whole lesson	leading a multi skills circuit for year 4-6 primary school pupils

More year to year detailed information can be found on the website.

We also offer a full range of extracurricular activities and fully take part in local, regional and academy tournaments and competitions.

Further Information

This department is forward-looking and innovative, striving to enhance teaching and learning standards. The prospective candidate will join a dedicated team of hardworking staff members who are passionate about continuing to innovate, aiming to inspire and motivate the next generation.



L Gardner
Head of Physical Education
May 2024