Rainhillhighschool
REACH FOR THE SKY @ RAINHILL HIGH
MEDIA ARTS COLLEGE

PE and Sport Faculty

The Faculty, which boasts a supportive and hardworking staff, is a forward looking, successful and thriving part of Rainhill Media Arts College

Aims:

The aims of the faculty support the general aims of the school and strive to:

- Stimulate and maintain pupil interest and enjoyment in P.E. and to promote health and fitness for current and future lifestyles.
- Enable pupils to develop a range of desirable personal qualities and to promote pupil self-esteem through the development of physical confidence.
- Provide opportunities for pupils to work independently and as part of a team in varied activities.
- Employ teaching methods and resources allowing all pupils (irrespective of their gender, ethnic origin, academic ability, etc.) to have equal access to P.E., and to experience success and enjoyment in their P.E. work.
- Encourage pupils to be familiar with a body of knowledge, principles and vocabulary related to P.E. that may also support other cross-curricular strategies.
- Link to local, regional and national sports organisations to share good practice, ensure continuity and develop pathways for students.

Staffing

Erin Bakstad	Head of Faculty,
Yacine Rachi	Second in Faculty, Head of ks3 and Vocational PE
Michael Wood	Male PE
Vacancy	Female PE
Nicky Fryer	Head of KS4 Pastoral, LFC Link teacher
Jerry Lamb	Assistant Headteacher
Linsay Munro	Deputy Headteacher
Michael Tallant	Community Development officer
Joanne Tasker	Cover supervisor

Facilities

Facilities at the school comprise a fully equipped gymnasium that also houses 4 trampolines, a large sports hall containing cricket nets, 4 badminton courts and full size basketball court, and there are also areas for weights/fitness/aerobic exercise adjoining the sports hall. Outside there is large field area which are marked out for 1 rugby pitch and 2 football pitches as well as coaching areas and an athletics track in the summer. As a result of our partnership with Liverpool FC there is a newly build full sized, floodlit, 3G artificial grass pitch.

There is also a newly resurfaced large tarmac playing area for netball (4 courts) and tennis (4 courts), and we have 4 permanent orienteering courses laid out around the school site. Swimming takes place Kingsway Leisure Centre for GCSE PE.

We benefit from 2 PE specific classrooms within the PE area. These allow the theory teaching to take place within the PE/Sport area, rather than PE teachers having to find classrooms across the school.

Curriculum

The school operates a 3 year KS4, all students receive 2 hours of PE through KS3 and 1 hour at KS4. Teaching is organised in half-year groups of around 120 students, with mixed ability

teaching in year 7 up to October half term and then, after assessment, students are placed into single sex ability sets.
This arrangement continues into years 8 with staff staying with their groups for as much of the time as possible. At the start of year 9 pupils opting for PE are currently put on to one of two pathways; GCSE PE Edexcel or BTEC level 2 which they continue until the end of year 11.
The full range of National Curriculum areas are taught through Key Stages 3 and 4. Individual areas of expertise are taken into account when timetabling, but staff are expected to teach most aspects of the curriculum and remain with their groups as far as possible.
Currently we teach BTEC L3 Sport in the sixth form. This has proved very popular, with over 20 students enrolled into both Y12 and Y13

Key Stage Examination Results 2017

2018 Results		No of Students	9-1 %	9-7 %
PE GCSE	GCSE	17	100%	49%
BTEC PE Level 2	BTEC	20	100%	64%
BTEC PE Level 3	BTEC	5	100%	100%

Extra-Curricular

We are always looking to build on the extra – curricular programme provided at Rainhill High School. Activities change each term and all staff are keen to be involved, with other staff also offering their time. Teams are entered for local and national competitions in a large number of sports including; Trampolining, netball, football, cricket, athletics, table tennis, handball, rugby, badminton, tennis and rounders. But there is always plenty on offer for those preferring a non-competitive environment.
Inter-house competition is also strong with whole school events such as netball, table tennis, football, rounders and Sports Day are all highlights on the school calendar.
The Duke of Edinburgh Award is available as an extra-curricular activity from year 10 onwards, with Bronze, Silver and Gold awards attracting good student numbers, this year Bronze has 65 pupils, Silver 42 and Gold 7.
Trips and visits are arranged regularly and the faculty have been involved in organising skiing, football, netball water sports and outdoor adventure residential experiences, as well as GCSE revision seminars. Our ski trip for 2019 currently has 108 pupils signed up with 12 staff supporting the trip.
Extra-Curricular achievements locally and nationally are many. We also seek to be very inclusive in our approach. We want all students to enjoy PE to the maximum.
We aim to include all students regardless of ability and new activities and initiatives are always being added to the list on offer.

Initiatives

The school has a close relationship with the Liverpool FC Academy and we currently educate over 60 students who have been signed to the club. These are in addition to normal admissions numbers. This partnership offers unique opportunities for coaching and the use of facilities for our students.

Miss Erin Bakstad
Head of PE and Sport Faculty

Executive Principals' Note

I love working with our PE team and Erin in particular. Erin Bakstad has been at Rainhill for 7 years. In that time she has revolutionised the quality and quantity of the work of the PE Faculty. Her leadership is excellent. Exam performance is outstanding; the quality of teaching is first class; and the extra-curricular activities are extensive.
The successful candidate will join a genuine team, where everyone puts in huge amount of hard work for the betterment of all of our students.
John Pout
Executive Principals'