



MALVERN COLLEGE

JOB DESCRIPTION

JOB TITLE: Temporary Strength and Conditioning Coach

RESPONSIBLE TO: Director of Sport

RESPONSIBLE FOR: N/A

PURPOSE OF THE POST:

Provide strength and conditioning sessions to educate pupils on all aspects relevant to athletic development, as well as developing physical competency in a spectrum of movement skills. To provide access to specialist skills training, performance education, and individual mentoring to promote Long Term Athletic Development.

KEY DUTIES:

- Provide coaching services for the pupils of the College as directed by the Head Coach/Teacher in charge.
- Plan and deliver group and individual coaching sessions to our pupils where appropriate
- Support the running and development of the Performance Pathway
- Create and implement periodised group and individual strength and conditioning sessions to our pupils
- Facilitate any strength and conditioning programmes provided by external institutions
- Support rehabilitation plans that pupils may receive from Physiotherapists and/or Sports Therapists following any injuries they may have sustained
- Support strength and conditioning outreach work to Preparatory schools where appropriate
- Observe a professional and appropriate relationship with pupils at all times and adhere to the College's policy on Safeguarding Children and the College's Code of Conduct
- Undertake Safeguarding Children training and refresher training as required
- Support the Director of Sport with various administrative duties as and when required

SAFEGUARDING RESPONSIBILITIES:

- Promoting and safeguarding the welfare of children and young persons with whom you come into contact; and
- Reporting any safeguarding concerns, including low level concerns, to the Designated Safeguarding Lead or their Deputy in a timely manner.

This post involves significant contact with children and the post holder will be responsible for children. The post holder will be considered to be in regulated activity.

PERSON SPECIFICATION:

CRITERIA	ESSENTIAL	DESIRABLE
Education and Qualifications	<ul style="list-style-type: none">• BSc (hons) in Strength & Conditioning or Sport-related degree	<ul style="list-style-type: none">• Level 1 Coaching qualification in a second sport
Experience, Knowledge and Understanding	<ul style="list-style-type: none">• UKSCA Accreditation or working towards it or equivalent (CSCS)• Experience of coaching with a recognised coaching qualification and/or practical performance• Experience working with Young Athletes	
Role Related and Personal Skills	<ul style="list-style-type: none">• Ability to work as part of a team• Flexible in your approach to work• Able to build great rapport and communicate effectively with pupils	<ul style="list-style-type: none">• An appreciation for long term athletic development and a passion for developing young athletes• Have the ability to support and adapt the program for all abilities/levels
General	<ul style="list-style-type: none">• The desire to undertake further training as may be required in order to properly perform the duties in a changing and challenging environment	<ul style="list-style-type: none">• Understanding of working in the Independent sector and/or a boarding school environment

MALVERN QUALITIES:

All staff are expected to model and promote our Malvern Qualities, which are:

- Resilience
- Self – Awareness
- Open-mindedness
- Kindness
- Collaboration
- Risk-Taking
- Curiosity
- Ambition
- Independence
- Integrity
- Humility

GENERAL REQUIREMENTS:

In accordance with the provisions of the Health and Safety at Work Act 1974 (as amended) and the Management of Health and Safety at Work Regulations 1999 (as amended) you must take reasonable care not to endanger yourself or other persons whilst at work. You

must co-operate with the College to enable it to comply with its legal duties for Health and Safety.

Malvern College is committed to safeguarding and promoting the welfare of its pupils and expects all employees to share this commitment. Employees must, at all times, have regard to the need to safeguard and promote the welfare of children in line with the provisions of the Children Act 2004 (as amended) and Keeping Children Safe in Education (as amended) and be fully aware of, and understand, the duties and responsibilities that apply to their role in relation to these requirements. All employees must attend appropriate training in accordance with College and local Safeguarding Board stipulations.

It should be noted that the above list of duties and responsibilities is not necessarily a complete statement of the duties of the post. It is intended to give an overall view of the position and should be taken as guidance only.

There is also an expectation that all staff will:

- Work within the College's policies and procedures.
- Comply with the College's no smoking policy.
- Participate and contribute to team meetings.
- Always have a professional manner, reflecting and maintaining the College's values.

HOURS AND BENEFITS:

This is a temporary post, initially for 1 year. The successful candidate will be required to work on average 32 hours per week, term time only, including the following:

- Sports sessions run every Tuesday and Thursday afternoon with fixtures on Saturdays
- Two PE sessions a week
- Any other sports coaching sessions as required by the Director of Sport.
- Contributory pension scheme with Scottish Widows (successful candidates will be auto enrolled after successfully completing 3 months service)
- Generous membership terms (family and personal) for the College Sports Facility
- Fee concessions for staff children at The Downs Malvern and Malvern College
- Free on-site parking
- Cycle-to-Work scheme
- Free access to the Malvern College Library

APPLICATIONS:

Full details of working at Malvern College and our Application form can be found on our website: www.malverncollege.org.uk/Job-Vacancies

Applications, consisting of an online application form including a supporting statement should be submitted via the 'Quick Apply' on the TES website. Any queries regarding the application process please contact the Human Resources team either via email humanresources@malverncollege.org.uk or by phone 01684 581647.

This vacancy will close no later than **Friday 26 August 2022**. **Malvern College reserves the right to close this vacancy early and therefore applicants are encouraged to apply sooner.**

If you have any queries regarding the application process, please contact the Human Resources team either via email humanresources@malverncollege.org.uk or by phone 01684 581647.

This post is exempt from the Rehabilitation of Offenders Act 1974 and the School is therefore permitted to ask job applicants to declare all convictions and cautions (including those which are 'spent' unless they are 'protected' under the DBS filtering rules) in order to assess their suitability to work with children.

Malvern College exists to provide a quality all round education for pupils aged 13 – 18 and is committed to safeguarding and promoting the welfare of children and young people. Candidates must be prepared to undergo child protection screening and an Enhanced DBS check.

You will be required to provide proof of your identity, right to work in the UK and qualifications during the selection process. We will seek references on short-listed candidates that will include questions about past disciplinary actions or allegations in relation to behaviour with children and may approach previous employers for information to verify particular experience or qualifications before interview.

August 2022