



Challney High School

April 2019

Challney Chronicle

Where community matters



Respect • Opportunity • Achievement



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LEARNING
TRUST

Challney Chronicle



Welcome to the second edition of the Challney Chronicle. I hope that you enjoy reading about all that has been happening at Challney High School for Girls. It has been another action packed term!

Thank you for all the feedback on our first edition. You asked for some more information on the new House system, so you will find inside portraits of our 4 Heads of Houses and our House Coordinator and lots of information on the competitions so far this year. Students and staff have really entered into the competitive spirit of the activities and fiercely contest each one! We will have our first House Sports Day in July and we are all looking forward to that.

Nelson Mandela said that "Education is the great engine of personal development." Therefore schools should be places where students widen their horizons and access as many opportunities as possible. You will see within these pages some of the opportunities the girls have had this term. You will see that Challney High School for Girls is a place where the girls can flourish and become influential women the future. My thanks go to teaching and support staff who have made these opportunities possible for the girls. I am very proud of the girls each and every day: they work hard and grasp all the opportunities open to them.

Thank you for all your support. Our best wishes go to Year 11 students as they revise over the Easter break.

Keep up with all that is happening at Challney High School for Girls. Follow us on Twitter @Challney_Girls.



I wish you all a peaceful and relaxing break. I look forward to seeing all the girls on Wednesday 24th April.

Joanne Mylles, Headteacher

Important dates:

Inset Day

Tuesday 23rd April

Summer term begins

Wednesday 24th April

Year 8 Parents' Evening

Thursday 2nd May 4-7pm

Year 11 GCSE Exams start

Monday 13th May

Half Term

Monday 27th May - Friday 31st May

Inset Day

Friday 1st July

Year 6 Transition days

Thursday 4th and Friday 5th July

Summer term ends

Tuesday 23rd July



School Success

Good Causes Week

The last week of our February half-term was as busy as ever for our Good Causes



week. Our Challney Voice students decided to support Keech Hospice and Young Minds this year,

and what amazing charities they are! Once again, students and staff excelled themselves and were



fully involved in the activities all week. Our market place was vibrant and the number of stalls was undoubtedly the best we have ever had! The sense of community all week was outstanding. The

generosity of our staff and students is second to none! The atmosphere and buzz in the school was exciting. We would like to take this opportunity to



thank everyone who supported during the week. We extend our thanks to parents and families who made it possible and who fully supported their

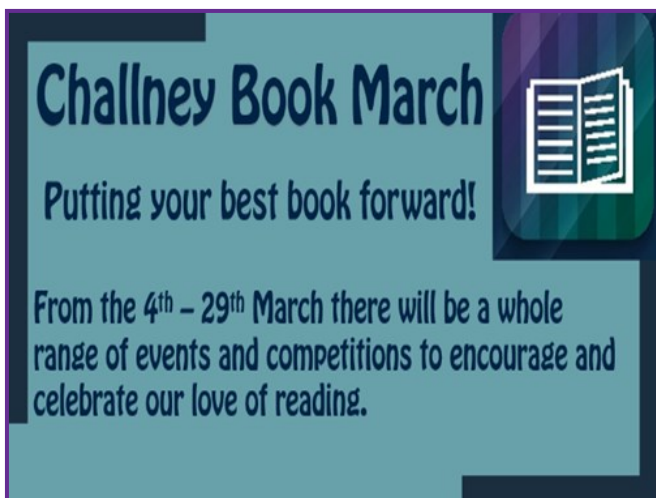
daughters' choice of fundraising activities. Thank you also to all the staff who helped supervise the numerous events from fashion shows, talent shows and market stalls! Without all of you, these things are not possible! We are pleased to announce that this year, we raised a grand total of **£4820** for these two charities! Once again, our students have made us very proud of them. Amazing!

Festival of Science and Technology

A great day out at the University of Bedfordshire for the festival of Science & Technology! What an amazing day... extracting DNA from strawberries, looking at cheek cells and talks from inspirational women in the STEM industry. We love Science at Challney Girls!



Challney Book March : Putting your best book forward!



This half-term we have been celebrating our love of reading with our own Challney Girls' Reading Month. We have had lots of activities and competitions for both staff and students

Competitions have included inter-form Scrabble, guess the number of books, create a book scene in a jam jar, disguise your potato as a book character, invent your own sport, read your way through history and guess the shelfie! All of our activities have been organised by our librarian, Miss Harlock.

D.E.A.R - Drop Everything and Read!



During Reading Month we were all involved in Drop Everything and Read. We all stopped what we were doing during one different period every week and everybody spent 15 minutes reading.

This time has provided a wonderful opportunity for students and staff to share what they are reading.

Years 7 and 8 are involved in an Accelerated Reader challenge. The students are working in their forms to see which form can pass the most quizzes or read the most words during Book March. For extra points their form tutors can also read and quiz books on Accelerated Reader!

We are pleased to announce that all this quizzing means we have even more Accelerated Reader Millionaires:

Year 7
Rinaaz Khan 7L
Halima Fatima Mohyuddin 7B
Hagra Tasadduq 7A
Faheemah Khan 7N
Alina Choudhury 7B

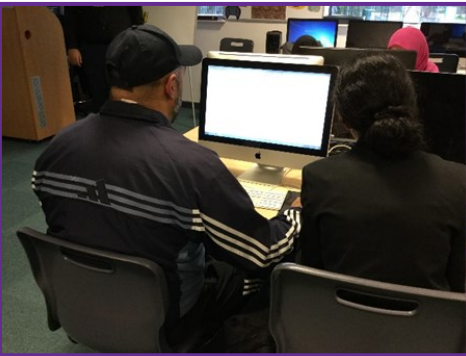
Year 8
Aleesha Hamid 8D
Alae Bouk 8L
Safeya Ibrahim 8N
Wajihah Ali 8D
Taqwa Suleman 8N
Rahmah Kouroughli 8I
Ayesha Zeeshan 8N
Alia Hussain 8S
Maryam Qureshi 8I
Aliza Arshad 8A
Iqra Ali Chuadry 8D
Fatima Ali Nisa 8L
Ishrat Ahmed 8D

We look forward to updating you on our Book March competition winners in the next newsletter. In the meantime if you want more information on how to support and encourage your daughter with her reading please feel free to contact Miss Harlock, the School Librarian.

Parental Engagement in Computing Year 9



Parents were invited in to walk in the shoes of their daughters! Parents took part in a Computer Science



and an iMedia lesson to help them better understand what skills and knowledge are

developed and to help both parents and their daughters to make a more informed decision when choosing their options. Thank you, Mr Hussain and Mrs Maniar, for hosting the event.

Journalism Workshop Year 9

As part of our stretch and challenge initiative at Key Stage 3, 15 more able students were selected to take part in a journalistic writing workshop which started with a visit to the Luton food bank



and culminated in the girls writing a persuasive piece of writing under the guidance of Amar Azam, a local freelance journalist. Since this workshop was also



planned to coincide with the year 9 options programme, it is our hope that the students will consider journalism as a career in the future. Some of the students had this to say

about the workshop and the visit:

"I enjoyed the experience of visiting the Luton food bank and liked how much we learnt about journalism in such a short amount of time."

"We learnt a lot about the foodbank. This trip has helped me with my English persuasive writing skills. It was powerful to have a community issue to write about."

Foodbank

Not to be outdone by students, ten members of staff visited the Luton Foodbank to get an in-depth understanding of the work they do, and how our school can support them. Challney High School for Girls will be doing lots of work with the foodbank in the near future so watch this space! Together we can hopefully contribute to making our community a better place.



'Alterege' County Lines Performance



The LSCB (Luton Safeguarding Children's Board) organised a fantastic performance for the whole year 9 cohort on the 15th March 2019. This was an amazing opportunity for our girls to find out and have a better understanding of the term 'County Lines'. The performance was based on a true story and our students had the chance to ask questions about this topic to the team delivering the production. It was powerful and gave us an opportunity to reflect. Please scan the QR code for more information on County Lines (a video explaining a real-life example of County Lines and what it means).



Apps for Good



Our Apps for Good project goes from strength to strength! Students have

participated in numerous industry engagement sessions as part of their Apps for Good projects. They have had the opportunity to discuss their ideas with large companies such as LEGO and IBM. They have gained valuable experience with how to communicate with professionals. All of these opportunities support our vision of developing influential women of the future.



Challney High School for Girls

Alumni



An amazing Alumni event for our year 9 students. Inspiring conversations with amazing role models! They gave insight into what life after High School is like and how important it is to make informed choices at GCSE. Thank you to our alumni for inspiring the next generation.



Student Achievement

Year 7 Football Team



A great start to the football season with our year 7 and 8 football team winning their first game 4-0. The second game of the season was a tight game and we came back from 4-0 down at half time to draw 4-4. Excellent

commitment and effort from this team who have great potential for the future.

Kurling Competition



Challney High School for Girls hosted this year's Kurling competition in which we had 4 teams enter. Our A team won the tournament and they are through to the County Kurling competition in the summer. It was a great day for the girls and they thoroughly enjoyed themselves. Credit to all the girls who took part and a big thank you to our year 10 sports leaders who ran the competition.



Debate

Well done ladies on getting through the first round of the debating competition at Luton Sixth Form. You were fantastic and Mrs Mills and Mr Malik are very proud of your efforts. Looking forward to the next debate!



House Speed Stacking Competition



We began this year's weekly house competition with a speed stacking time challenge. Students had to



stack cups in the quickest time under pressure against the clock. It was well attended from students representing their house and the results are as follows:

1st Place: Rahmah Kouroughli (Ennis-Hill)

2nd Place: Haleemah Khalid (Brady)

3rd Place: Shamina Hussain (Yousafzai)

House Success

HOUSE HERALDRY COMPETITION



Congratulations

Joint 1st Place

Dhaneza Mohan 10I
Mehnaz Begum Naqeebi 7U

2nd Place

Rahmah Kouroughli 8I

3rd Place

Mahema Khan 7U

Results

1ST PLACE – ENNIS-HILL
winning 4 rounds

2ND PLACE – BRADY
winning 3 rounds

3RD PLACE – YOUSAFZAI
winning 2 rounds

HOUSE COUNTDOWN CHALLENGE!



HOUSE ART COMPETITION

Fantastic artwork produced for the House art competition! Our students had to use the theme of their house to create artwork representing them.



Competitions coming up in May 2019:
House Master-chef competition
Public Speaking contest



Heads of Houses



A great term for Ennis-Hill with students showing their commitment, drive and enthusiasm in support of Team EH by participating in a range of inter-House competitions and events. Highlights include the House Heraldry competition, Student-staff motivational video, Speed Stacking and Countdown Challenge! A great effort Ennis-Hill and remember you've got to be in it to win it!

Mr Mehta

I am a PE teacher and Head of House Brady at CHSG. I have been at the school for just over 2 years after graduating from the University of Bedfordshire with a degree in Secondary PE. It is a privilege to represent the school as Head of House alongside my excellent House Captains.

Our House is named after Karren Brady who is an inspirational business woman for the students to look up to. My competitive nature as a PE teacher lends itself perfectly to this role and I am delighted that Brady are in the lead yet again! I look forward to organising more house competitions and continuing to see the hard work and dedication from our girls in this new and developing house system.

Miss Hayes



I am very proud to be the Head of House Yousafzai where students are focussed on their learning and understand the importance of education. I also appreciate the girls' commitment and enthusiasm during the different house and inter-house activities. This whole journey has been like a rollercoaster of emotions, with ups and downs but mostly excitement.

In House Yousafzai, we are respectful, we are resilient and we are determined!

In House Yousafzai, we do not give up!

Miss Jean-Louis

Hi, I am Miss O'Donnell and I teach Art and Photography as well as being Head of Jemison House. This is my 6th year teaching at Challney High School for Girls.

I am really passionate about the House System as I believe that this is a great opportunity to develop student leadership skills. I am very proud of The House and Vice Captains who have been doing an amazing job leading the House Assemblies. It has been great to watch them grow in confidence.



House Coordinator



As House Coordinator I lead and manage the Heads of House to ensure that we are consistently delivering our school aim of promoting healthy competition. It has been incredible to see how students and staff have embraced the new House system and actively participate in the exciting competitions that have been taking place throughout this academic year. Along with increasing the competitive spirit of the school, the House system has also highlighted the caring and supportive nature of our students and all students and staff feel increasingly valued. There is a strong sense of loyalty and allegiance to their Houses and I look forward to seeing which House will top the leader board at the end of the summer!

Miss Colledge

Some House Activities



House Countdown Competition



House Staff Quiz



House Chopsticks Challenge

Changing Minds



At Challney High School for Girls, the well-being of our students is important to us. You can read below details of how we support our students at school.

We aim to promote positive mental well-being and help raise individual's aspirations.

The World Health Organisation report entitled 'Strengthening our Response' recommends that "Mental health is an integral part of health; indeed, there is no health without mental health."

Helping Hands

One of our initiatives is 'Helping Hands' led by one of our Learning Mentors, Ms Agyare. 'Helping Hands' is:

A Talking concept

A fresh attitude to Mental Health

A collaborative conversation

Through conversation, a plan is drawn up for a student to support their well-being. Identifying difficult challenges, facing them head on and developing strategies to reduce stress underpins the initiative.

The programme has been running since June 2018 and has had 35 participants.

During this time 'Helping Hands' has supported the students to feel more confident, improve their self-esteem, whilst managing their feelings in a more effective way.

Feedback from the students:

"Before coming to this appointment I was really nervous and stressed with school and just managing emotions. But after this I feel better and more relaxed in just one session. I also feel happier and better"

"Knowing that this is me and I should feel proud of being me" "I'm happier, it makes me feel good"

"I stepped out of my comfort zone and did things I wouldn't usually do. This helped me become closer to my parents, especially my mum"

"I have become more confident with who I am as a person. This had made me not be afraid to speak and has made me feel like I belong".

Profile

Name: Mrs. Agyare

Role: Learning Mentor : 6 years @ Challney Girls and a former pupil.

With almost 20 years in the educational field facilitating the teaching of pupils as a Lecturer and now as a Learning Mentor, I feel well equipped to facilitate the 'Helping Hands' programme as an excellent communicator and listener. 'Helping Hands' has provided me with a wide perspective of students' experiences within the education environment. My involvement has helped me to be more empathetic to students' needs, whilst ensuring the most appropriate support is provided for each pupil.

My passion is to see students grow. I love watching them aspire to reach their full potential. Within my role, I assist pupils to break down barriers whilst building robust strategies to aid their resilience.



Ultimately, the aim of the programme is to provide a range of tools and strategies to equip the students in their journey through life.

Revision Tips

Use a variety of methods to revise from; we all learn in different ways! Use multiple methods to further enhance the retainment of knowledge as you learn by doing different things rather than the same thing over and over!

- ◆ Mindmaps
- ◆ Index/flash cards
- ◆ Past papers
- ◆ Memory skills
- ◆ Look/cover/write/check
- ◆ Posters
- ◆ Record
- ◆ Games and quizzes
- ◆ Websites
- ◆ Group revision
- ◆ Video/audio

You are unlikely to have a photographic memory, so reading through your notes won't be enough!

Use videos to help stimulate your brain with graphics AND notes.



Brilliant Club : Year 7 and 8 go to Nottingham!



The Brilliant Club is part of the Scholars Programme which recruits, trains and places doctoral and postdoctoral researchers in schools to deliver programmes of university-style tutorials, which are supplemented by two university trips. Our Year 7 and Year 8 students went to Nottingham University and explored what university life is like. They also enjoyed a lecture at the end!

Engage and Win!

We would love to hear your feedback on this edition of The Challney Chronicle. Please follow the link to give your feedback :

<http://bit.ly/challneyfeedback>

Complete the form to enter yourself in our prize draw!

A £10 Amazon voucher will be awarded to the successful parent!



Thank you for reading the second edition of the Challney Chronicle.

Challney High School for Girls is a school where community matters.

Good luck to year 11s over the Easter holidays. Revise well!

