

JOB DESCRIPTION

JOB TITLE	Spin Class Instructor
DEPARTMENT	Sports Centre
REPORTING TO	Sports Centre Manager
SUPERVISORY RESPONSIBILITIES	Class Attendees
SUMMARY OF JOB ROLE	
To teach, motivate, and inspire participants of the Spin Classes.	
MAIN DUTIES	
1.	Devising fun and creative lesson plans that are appropriate for participants of all fitness levels.
2.	Creating and maintaining a playlist of appropriate music for each class.
3.	To conduct and organise engaging classes by: being fully prepared, beginning and ending on time, welcoming new participants specifically and adhering to a class format.
4.	Monitor participants for correct positioning and intensity levels, and be able to explain and demonstrate the correct and safe way to perform all exercises.
5.	Ensure that participants use the equipment in a safe and appropriate manner.
6.	Adhere to general fitness principles, including warm up and cool down.
7.	To work to high professional standards providing exceptional customer service.
8.	Become fully familiar with all equipment prior to the class, and handle it with care at all times.
9.	Report any equipment faults to the Duty Manager.
10.	<p>Understand the importance of safeguarding in education</p> <p>In line with our commitment to safeguarding, all members of staff have a duty of care towards Ashville College pupils and are expected to report any such concerns to the Designated Safeguarding Lead.</p>
11.	Work in a manner that promotes and protects own health and safety, as well as that of other staff, pupils and visitors.

PERSON SPECIFICATION

Please note, these are the criteria which will be considered as part of the selection process.

EDUCATION AND QUALIFICATIONS
<ul style="list-style-type: none">• Level 2 Exercise to Music/Fitness Instructor qualification.• Recognised indoor cycling qualification (SPIN.)
EXPERIENCE
<ul style="list-style-type: none">• Previous experience of group exercise instruction is highly desirable.
SKILLS AND ATTRIBUTES
<ul style="list-style-type: none">• Positive outlook.• Excellent people skills.• Confident in delivering a group exercise class.• Ability to plan and lead a safe, fun and effective class.

PREPARED BY	Sports Centre
DATE	November 2024

It is the shared responsibility of the job holder and their Line Manager to ensure that job descriptions are kept up to date.

Job holder's signature: _____

Date: _____