



PERSON SPECIFICATION: Criteria	Essential	Desirable
Qualifications and training		
First Aid Certification	✓	
Working Knowledge of Health and Safety in fitness environments	✓	
Satisfy all criteria and checks relating to suitability to work in a school environment.	✓	
UK Strength & Conditioning Association (UKSCA) Accredited Strength and Conditioning Coach (ASCC) credential	✓	
Significant experience developing and delivering physical development programmes to achieve objective performance impact	✓	
An ability to develop excellent relationships with students, coaches	✓	
Experience and skills		
Experience of coaching in a wide range of environments including schools, club and community settings.	✓	
Experience of monitoring and evaluating impact of sessions / programmes		✓
Personal		
Ability to develop and implement high quality, varied and creative coaching sessions focusing on an athlete-centred approach.	✓	
Ability to inspire, motivate and encourage young people through sport.	✓	
Ability to adapt sessions appropriately dependent on the needs of young people.	✓	
Excellent communication and interpersonal skills, the ability to communicate with people at all levels.	✓	
Excellent planning and organisational skills.	✓	
Confident with a high degree of motivation.	✓	
Commitment to equal opportunities	✓	
Is empathetic to the aims and objectives of a Catholic Benedictine School	✓	
Full clean driver's licence		✓

Salary and Conditions of Employment (subject to contract):

Rate of pay: TBC

Benefits: Subsidised membership of the St Alban's Sports centre. Meals during working hours. Life assurance.

Pension: Group Personal Pension – employer 4% / employee 4%.

Probationary period: 6 months.

Notice period: One month.