I'm gonna take you on a treasure hunt. It starts inside your mind. The clue is something remarkable, that only you can find. 'cause like the spirals in your fingerprints, you are unique. So drown-out your inner doubts: allow bravery to speak.

Here's a challenge:
think of someone remarkable.
And not on Instagram or YouTube,
but in your every day life.
From your family,
or your besties,
or your school.
They might be softer than a kitten,
or sharper than a knife.

It might me a cuddle, or a chuckle that finds the rainbows in the rain. Gentle generosity, or a bright and brilliant brain. The fact is, you know them, and you can be remarkable too. When you start to push your limits, you'll be amazed at what you can do.

Dance with curiosity.
Leap with aspiration.
Gobble-down discovery
and run with conversation.

When it feels as though the world is built to make you feel small, just remember: it's remarkable that you're even here at all.

Not everything fits in boxes or certificates. There's no formal qualification for being "good".

It's about living life as the person that you truly want to be. A passion for participating and setting potential free.

When it comes to defining your expectations, the only person that's truly in charge is you.

Sometimes they're far too high, but most times, they're far too low. And deep down, only you know what you're really able to do.

Remarkable is kindness.
Remarkable is respect.
Remarkable is considering how your actions have an effect.

Remarkable is patience. Remarkable is pride. Remarkable is, no matter what happens, knowing that you've tried.

So...take yourself on a treasure hunt. Turn your brain into a carnival. This is where I challenge you to find your remarkable.

Remarkable lives surround; there's potential to be found; they are waiting to be crowned; so over to you... spread it around.









Poem written by Matt Abbott