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| **Job Title** | **Assistant Rowing Coach (part-time)** |
| **Department** | **Royal Grammar School Worcester Boat Club** |
| Job purpose | To coach school rowers (boys and girls) as directed by the Head of Rowing. |
| Reports to | Head of Rowing |
| Hours | Up to 20 per week during term time plus fixtures, training days and rowing camps as directed by the Head of Rowing. |
| **MAIN DUTIES AND RESPONSIBILITIES** | |
| **Coaching duties**   * The coaching of sculling and rowing – adhering to British Rowing and Sculling stroke (as outlined in the Rowing Staff Handbook). * Assisting with boat handling and putting rowers on and off the water. * Setting up equipment for sessions and clearing away as directed by the Head of Rowing or Lead Coach. * Monitor performance and technique of all athletes to ensure that Rowing is safe and standards of technical ability are high. * Keep up-to-date with developments in Rowing and sports science as it applies to young athletes to ensure best practice is adopted. * Promote the values of fair play, teamwork, healthy competition and respect for officials and British Rowing rules. * Ensure that correct training and racing kit is worn. * Attend to First Aid requirements, escalating to Head of Rowing or School Nurse as required. * Accompany children to rowing fixtures throughout the academic year – includes supervising children during travel and on overnight stays. * Attending training courses as required. * Engender an ethos of good practice among student rowers with regards to use and care of boat house equipment. * Keep the boat house well ordered, clean and tidy.   **Health and Safety**   * Adhere to the British Rowing Row Safe guidelines for all aspects of coaching, launch driving, safety and welfare. * Comply with the school’s Health & Safety policies.   **Safeguarding and protecting**   * Deliver coaching with regard to RGS Worcester and British Rowing Safeguarding and Protecting policies. * Support and contribute to the school’s responsibility for safeguarding and protecting children and young people.   **General requirements**   * Comply with school policies. * Maintain high professional standards of behaviour and appearance. * Conduct positive and courteous relations with parents, athletes and colleagues. | |

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| **Assistant Rowing Coach – Person Specification** |  |
| **Attributes** | **Essential (E) / Desirable (D)** |
| **Qualifications** |  |
| * British Rowing coaching qualification (minimum Session Coach or equivalent)\* * First Aid qualification\* * RYA Level 2 Powerboat certificate\*   NB. Candidates without these qualifications will be required to undergo training once in post. | D  D  D |
| **Experience/Knowledge** |  |
| * Experience of rowing and sculling * Understanding of the role of Strength & Conditioning in supporting the rowing programme | E  E |
| **Key Skills** |  |
| * Good communication skills with the confidence and ability to give clear instructions. * Reliable, punctual and enthusiastic. * Good time management and organisational efficiency | E  E  E |
| **Personal Qualities** |  |
| * Outstanding personal relations and team working skills * Availability for weekend and occasional school holiday fixtures / training days * Availability for Easter rowing camp * Attitude, style and presence of a role model for pupils * Ability to work independently * Ability to lead by example | E  E  E  E  E  E |

*Updated July 2019*