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| **Job Title** | **Assistant Rowing Coach (part-time)** |
| **Department** | **Royal Grammar School Worcester Boat Club** |
| Job purpose | To coach school rowers (boys and girls) as directed by the Head of Rowing. |
| Reports to | Head of Rowing |
| Hours | Up to 20 per week during term time plus fixtures, training days and rowing camps as directed by the Head of Rowing. |
| **MAIN DUTIES AND RESPONSIBILITIES** |
| **Coaching duties*** The coaching of sculling and rowing – adhering to British Rowing and Sculling stroke (as outlined in the Rowing Staff Handbook).
* Assisting with boat handling and putting rowers on and off the water.
* Setting up equipment for sessions and clearing away as directed by the Head of Rowing or Lead Coach.
* Monitor performance and technique of all athletes to ensure that Rowing is safe and standards of technical ability are high.
* Keep up-to-date with developments in Rowing and sports science as it applies to young athletes to ensure best practice is adopted.
* Promote the values of fair play, teamwork, healthy competition and respect for officials and British Rowing rules.
* Ensure that correct training and racing kit is worn.
* Attend to First Aid requirements, escalating to Head of Rowing or School Nurse as required.
* Accompany children to rowing fixtures throughout the academic year – includes supervising children during travel and on overnight stays.
* Attending training courses as required.
* Engender an ethos of good practice among student rowers with regards to use and care of boat house equipment.
* Keep the boat house well ordered, clean and tidy.

**Health and Safety*** Adhere to the British Rowing Row Safe guidelines for all aspects of coaching, launch driving, safety and welfare.
* Comply with the school’s Health & Safety policies.

**Safeguarding and protecting*** Deliver coaching with regard to RGS Worcester and British Rowing Safeguarding and Protecting policies.
* Support and contribute to the school’s responsibility for safeguarding and protecting children and young people.

**General requirements*** Comply with school policies.
* Maintain high professional standards of behaviour and appearance.
* Conduct positive and courteous relations with parents, athletes and colleagues.
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| **Assistant Rowing Coach – Person Specification** |  |
| **Attributes** | **Essential (E) / Desirable (D)** |
| **Qualifications**  |  |
| * British Rowing coaching qualification (minimum Session Coach or equivalent)\*
* First Aid qualification\*
* RYA Level 2 Powerboat certificate\*

NB. Candidates without these qualifications will be required to undergo training once in post.  | DDD |
| **Experience/Knowledge** |  |
| * Experience of rowing and sculling
* Understanding of the role of Strength & Conditioning in supporting the rowing programme
 | EE |
| **Key Skills** |  |
| * Good communication skills with the confidence and ability to give clear instructions.
* Reliable, punctual and enthusiastic.
* Good time management and organisational efficiency
 | EEE |
| **Personal Qualities**  |  |
| * Outstanding personal relations and team working skills
* Availability for weekend and occasional school holiday fixtures / training days
* Availability for Easter rowing camp
* Attitude, style and presence of a role model for pupils
* Ability to work independently
* Ability to lead by example
 | EEEEEE |

*Updated July 2019*