

### School Counsellor

### Appointment Brief

Closing Date: Monday 24 February 2020 at 9.00am To start: I September 2020 or sooner

One of the top co-educational schools in the country





### School Counsellor

At Caterham School we recognise the crucial role that individual wellbeing plays in allowing our pupils to thrive and succeed. We are united in a community-wide, whole school approach to promote wellbeing using proactive, positive and informed interventions to create a nurturing, friendly and ambitious culture. The school has been awarded 'The Wellbeing Award for Schools' demonstrating our commitment to this approach.

The counselling service at Caterham School works as part of the Pastoral team led by the Deputy Head (Pastoral & Wellbeing) which also includes the Designated Safeguarding Lead, Heads of Year, Boarding House Masters and Mistresses and the Health Centre. We currently have one counsellor within this service but, partly owing to the success of our emotional literacy emphasis in the wellbeing programme, are looking to extend the service so that more pupils from across the prep and senior schools can benefit from this type of support.

The successful candidate with work closely with the current counsellor and will meet regularly with her and/or the Deputy Head (Pastoral & Wellbeing).

## The Role

#### MAIN RESPONSIBILITIES

- Provide a high quality confidential counselling service to pupils experiencing a wide range of emotional problems, working within the Code of Ethics and Practice of UKCP / BACP
- Provide support, advice and guidance to pupils, parents, guardians and staff
- Maintain appropriate records, keeping these secure
- Attend supervision with a suitably qualified supervisor
- Meet and discuss specific concerns and general trends with the other counsellor, contributing to a regular report for the Headmaster on the numbers of pupils that are using the service and a general overview of the type of problems being experienced.
- Meet regularly with the Deputy Head (Pastoral & Wellbeing), safeguarding team and Health Centre to ensure, within the agreed boundaries of confidentiality, that any relevant information is passed on to those in school who have pastoral responsibility for pupils
- Establish contacts with personnel from other agencies with a view to easing referrals and accessing specialist consultants
- Communicate with other staff and outside agencies on behalf of pupils accessing the counselling service
- Outline to staff and pupils the role of the counsellor and the boundaries of confidentiality
- Provide consultation to staff whose role it is to

support pupils in distress

#### **SKILLS, EXPERIENCE & QUALIFICATIONS**

- Counselling or psychotherapy qualification to Postgraduate Diploma or Masters level, with a minimum of I year's post qualification experience
- Achieved or working towards BACP or UKCP Registration
- Specific qualification in working with children and adolescents or systemically
- Worked previously with children and adolescents in a therapeutic capacity
- Good understanding of attachment and child development as well as specific developmental and other issues faced by adolescents
- An understanding of challenges faced by young people in a boarding school environment and within the educational system in general
- A sound understanding of child protection and experience of working within the policies and procedures of an organisation
- Knowledge of the UKCP / BACP ethical framework and evidenced ability to apply this to practice
- Awareness of and openness to positive psychology theory and practice
- Knowledge and use of stress reduction techniques
- Knowledge and awareness of child mental health diagnoses





## The School

#### Caterham School is one of the leading co-educational HMC schools in the country. We are committed to providing an environment in which all pupils are challenged to be the best they can be and one in which pastoral care and wellbeing underpin academic, cocurricular and sporting excellence. The majority of our pupils are day pupils but we are also a thriving boarding community, which enriches the educational opportunity and experience for all. We believe in providing an education for life for all Caterhamians and we seek to ensure that the learning experience at our school blends the best of tradition with the exciting opportunities provided by new technology. Learning how to learn is a key facet of a Caterham education and is in our view an essential skill for life in the twenty-first century. We believe that a truly excellent school is about more than academic achievement alone: it is also about developing a passion for learning, a capacity for independent and critical thinking, self-awareness and resilience, self-confidence without arrogance and genuine interests that extend beyond the confines of the classroom.

At Caterham School we focus on developing the whole person, aiming to ensure that each pupil leaves here ready for the challenges of life at university and beyond and understanding their responsibilities towards others. We want our pupils to leave Caterham well equipped to engage positively with a rapidly changing world as accomplished problem

#### One of the top co-educational schools in the country

solvers and innovators, confident in their ability to lead and with a clear appreciation of and respect for the views and potential of others. In so doing we remain true to our founding Christian principles and values.

All around the campus you will see signs of our confidence in the future with newly refurbished facilities, new buildings and waiting lists for entry at every level. The most recent additions to our campus are a new Performing Arts Centre and a new Sports Pavilion, along with a recently acquired ancient woodland to house our outdoor learning programme.

Caterham School enjoys an enviable reputation for producing highly successful individual and team performances in a wide range of sports. Excellence is pursued wholeheartedly (with many pupils achieving county, national and international representative honours), but the aim is also to cater for every pupil, at his or her own level of ability and enthusiasm.

The co-curricular programme is extensive and outstanding, covering a huge range of activities.

We are a school that is recognised for excellence in education. In recent years we have won national awards for our work in Teaching and Learning, Technology and Innovation. We are also leading the way in our work in the areas of Wellbeing and Partnerships. We are an exciting and progressive educational community.



# The Application Process

Please complete the application online via the school website at:

https://www.caterhamschool.co.uk/about/careers

If you have any questions or queries, please contact Sonya Flaherty, HR Administrator, <u>hr@caterhamschool.co.uk</u> or call 01883 343028.

The closing date for applications is Monday 24 February 2020 at 9.00am.

The school reserves the right to appoint at any stage of the recruitment process; early applications are encouraged.

Caterham School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All offers of employment are subject to an enhanced DBS check.

#### www.caterhamschool.co.uk

INSPIRING EDUCATION FOR LIFE

## Benefits

We pride ourselves on the best support and care for our academic and bursarial staff – a school is only as strong as those working within it. As such, our staff enjoy a range of benefits and enjoy the strong sense of community that pervades the school.

#### **Continuous Professional Development**

All staff have access to generous professional development training as part of the school's performance management process. The focus at Caterham School is on encouraging and supporting individuals to continue to grow their skills to provide the finest teaching and learning for our students.

#### **Counselling and Legal Advice Service**

A free, confidential 24 hour telephone service available 365 days per year.

#### **Fee Remission**

Discount available on school fees. Please contact the HR department for full terms and conditions.

#### **Pension Scheme**

Legal and General Pension Scheme. Please contact the HR department for full terms and conditions.

#### **Subsidised Sports Centre Membership**

Subsided Membership to Caterham School's Sports Centre with extensive fitness suite, 25 metre indoor pool, sports hall and programme of fitness classes.

#### Free meals whilst on duty

Includes breakfast, lunch and dinner during term time, and where available during the school holidays.







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